Effect of Fatigue on the Dimensions of Quality of Life

Physical Well Being
- Energy
- Functional Ability
- Strength
- Sleep and Rest
- Other Symptoms

Psychological Well Being
- Concentration
- Anxiety
- Depression
- Enjoyment/Leisure
- Happiness
- Fear
- Cognition/Attention
- Distress of wanting more/having less energy
- Preoccupation with physical concerns
- Altered sense of time

QOL

Social Well Being
- Caregiver burden
- Family roles and relationships
- Affection/sexual function
- Appearance & self care
- Social isolation
- Employment concerns
- Altered priorities

Spiritual Well Being
- Suffering
- Understanding the meaning of fatigue
- Religious beliefs
- Hopelessness
- Sense of urgency/wasted time
- Conflict of mind & body

References

Betty R. Ferrell, PhD, FAAN, Marcia Grant, DNSc, FAAN, Grace Dean, PhD, RN