

Cancer Pain Education for Patients and the Public
Module III
Pain Education Provided Through Group Settings

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- I. Advantages of Group Education
 - A. More Cost Efficient
 - B. Combines Professional and Peer Support
 - C. Patients May be More Vocal in Group Settings
 - D. Access to an Existing Audience
 - E. Rich and Diverse Experience of Group Members

- II. Challenges of Group Education
 - A. Diversity Within the Group
 - B. Balance of Information and Support
 - C. Your Agenda/Their Agenda
 - D. Pain Content May Evoke Undisclosed Fears (i.e. fear of recurrence of death)
 - E. Diversity of Primary Health Care Providers Among Patients
 - F. Avoid Domination by Single Group Member
 - G. Combining Patients and Family Caregivers

- III. Opportunities for Pain Education in Group Settings
 - A. Wellness Community or Other Structured Settings
 - B. ACS Sponsored Support Groups
 - C. Community or Institution Sponsored Support Groups
 - D. Volunteer Training Sessions
 - E. Focus Groups

- IV. Teaching Tips
 - A. Speaker to Attendee Ratio
 - B. Know the Real Audience
 - C. Provide Written Reinforcement
 - D. Provide Time for Individual Discussion
 - E. Create a Positive Environment
 - F. Time, Location of Classes
 - G. Provide Mechanisms for Individual Case Intervention
 - H. Provide Mechanisms for Follow-Up