Quality of Life Model Applied for Ostomy Patients

Physical Well-Being

Disease-Specific Effects on Physical Well-Being
- Odor/Gas
- Leaking
- Skin Problems
- Diarrhea

General Quality of Physical Well-Being
- Fatigue
- Strength
- Aches/Pains
- Sleep Disturbances
- Overall Physical Well-Being

Psychological Well-Being

Disease-Specific Effects on Psychological Well-Being
- Depression
- Anxiety
- Uncertainty
- Fear of Recurrence
- Difficulty meeting new people

General Quality of Psychological Well-Being
- Control Appearance
- Useful
- Travel Privacy
- Privacy
- Support
- Remembering
- Enjoyment

Social Well-Being

Social Adjustment to Ostomy
- Social Activities
- Personal Relationships
- Isolation
- Travel Challenges
- Recreational Activities
- Intimacy
- Adjustment Difficulty
- Ostomy Care
- Embarrassment
- Difficulty Looking
- Financial Burden
- Family Distress

Spiritual Well-Being

General Quality of Spiritual Well-Being
- Spiritual Activities
- Religious Activities
- Sense of Inner Peace
- Positive Changes
- Hopeful
- Reason to be Alive

References


