Palliative Care/Pain Management Training Programs

Distributed by the CITY OF HOPE PAIN/PALLIATIVE CARE RESOURCE CENTER 1998
Role Modeling Programs*

Role modeling is a method used to change practice behavior and often is applied to improving pain management practice. Examples of role modeling programs include preceptorships (also called observerships and internships), fellowships, and pain resource nurse (PRN) programs. Nurses just starting in the pain management, as well as nurses who have specialized in pain management for a number of years, can benefit from attending these programs.

Preceptorships provide an opportunity for nurses, physicians, and/or pharmacists to spend a few days to weeks learning pain management as an apprentice with an expert group of clinicians. This experience provides attendees with an opportunity to observe a pain service or pain team in action. Most programs include time for formal lectures, patient rounds and interaction, observation of procedures, contact with department and disciplines involved in the delivery of pain management services (e.g., pharmacy, central processing, billing), and group discussion and problem solving.

One of the most innovative strategies to improve pain management is the development of a pain resource nurse (PRN) program. Many PRN programs are modeled after the original program developed at the City of Hope National Medical Center in Duarte, CA. The purpose of a PRN program is to train a group of decentralized staff nurses to function as pain management experts for other staff members. Other responsibilities of the PRN include serving as a role model, providing pain management education and consultation, and acting as a change agent within the institution.

Some of the institutions that provide opportunities to attend a preceptorship, fellowship, or PRN program are listed below. This list is by no means inclusive.

- **City of Hope National Medical Center**
  1500 East Duarte Rd.
  Duarte, CA 91010-3012
  (626) 359-8111 X62825; contact person: Betty Ferrell, RN, PhD, FAAN – Nursing Research and Education. City of Hope offers a number of other pain education opportunities, including programs for selected clinical nurse specialists, educators, and quality assurance coordinators, and a course on patient education.

- **Joan Blais, MPA**
  Program Manager for the West Coast Center for Palliative Education,
  University of California, Davis Medical Center
  1771 Stockton Boulevard, Suite 2002
  Sacramento, CA 95816
  (916) 734-2187
  Educational and research efforts for providing care at the end of life.

- **Mayo St. Luke’s Hospital**
  Anesthesia Department and Training and Education Department
  4201 Belfort Road
  Jacksonville, FL 32224
  (904) 296-3712 or (904) 953-8807
  Prepares nurse participants to be PRNs in their own institutions.

- **Internship/Preceptorships**
  Mercy Hospital Medical Center
  Pain Management Services
  400 University Ave.
  Des Moines, IA 50314-1101
  (515) 247-3172 or (515) 247-3239
Comprehensive program focusing on acute, chronic nonmalignant, and cancer pain; targeted for nurses, but pharmacists and physicians also may attend
• Program Director, Charles Von Gunten, MD, PhD
Hospice/Palliative Medicine Program
Northwestern University Medical School
303 East Chicago Avenue
Chicago, IL 60611
(312) 908-1640, FAX: (312) 908-4070
Northwestern University’s Roxane Visiting Scholars in Hospice/Palliative medicine program emphasizes hospice care and palliative care medicine for cancer and AIDS patients

• Nursing Internship
Schumpert Medical Center
One St. Mary Place
Shreveport, LA 71101
(318) 681-4802
2-4 day internships targeted for nurses responsible for improving pain in the hospital setting. Clinical and didactic content focusing primarily on acute pain management: how to establish an acute pain team or service, how to develop a PRN program, as well as opportunities to interface with pain service staff, pharmacy, PRN nurses and bedside nursing staff, and patients.

• Preceptorships
Beth Israel Hospital
330 Brookline Ave.
Boston, MA 02215
(617) 667-8000, contact person: Kathy Horvath
Preceptorship is arranged upon individual request; acute, chronic nonmalignant, and/or cancer pain content tailored to meet participant’s needs; nurses, pharmacists, and physicians may attend.

• Program Director, Dir. Justin McArthur, MB, BS, MPH
Department of Neurology
Johns Hopkins University
600 Wolfe Street
Meyer 6-109
Baltimore, MD 21205
(410) 955-3730
Roxane HIV-Nerve Pain Management Program at the Johns Hopkins University School of Medicine offers physicians, nurses, and pharmacists training to treat and manage HIV-related peripheral nerve pain.

• Russell K. Portenoy, MD, Chairman
Department of Pain Medicine and Palliative Care
Beth Israel Medical Center
First Avenue at 16th Street
New York, NY 10003
(212) 844-1472, FAX: (212) 844-1464
Fellows will participate in clinical investigations and educational initiatives developed through the Department’s Institute for Education and Research in Pain and Palliative Care.

• Nurse Fellowship in Pain and Palliative Care
Memorial Sloan-Kettering Cancer Center
Pain and Palliative Care Service
Department of Neurology
1275 York Avenue
New York, NY 10021
(212) 639-7918, FAX: (212) 717-3081
To request an application, contact: Nessa Coyle, RN, MS at above address. One-year internship in cancer pain management and palliative care for master’s prepared nurses.
• “Network Project”
  Memorial Sloan-Kettering Cancer Center
  Box 421, 1275 York Avenue
  New York, NY 10021
  (212) 583-3042, FAX: (212) 230-1953
  To request application, contact: Noelle Wootten, Network Project coordinator at above address.
  Two week observership in cancer pain management, psychosocial oncology, and cancer rehabilitation for health care professionals from any discipline. Participants are selected based on their potential to educate and train others within their own institution and community.

• Clinical Fellowship
  Memorial Sloan-Kettering Cancer Center
  Pain & Palliative Care Service
  Department of Neurology
  1275 York Avenue, Box 52
  New York, NY 10021
  FAX: (212) 717-3081
  For further information, contact: Dr. Kathleen Foley, Chief at above address. Seeking Board-eligible/Board-certified physicians for pain and palliative care fellowship. This is a one or two year position, which offers comprehensive training in pain management and palliative care. Will participate in clinical investigations of neuro-oncologic pain syndromes, the pharmacology of opioid analgesics and quality of life.

• Program Director, Costantino Benedetti, MD
  Arthur G. James Cancer Hospital
  410 West 10th Avenue
  Columbus, OH 43210
  (614) 293-6040
  Roxane Scholarship Program in Pain and Symptom Control at the Arthur G. James Cancer Hospital and Research Institute at the Ohio State University.

• Program Director, T. Declan Walsh, MD
  Director of Palliative Care Services
  The Cleveland Clinic Foundation
  9500 Euclid Avenue
  Cleveland, OH 44195
  (216) 444-7793, FAX: (216) 444-9464
  Roxane Visiting Scholars Program at The Cleveland Clinic Foundation was initiated in 1993 by T. Declan Walsh, MD, Director of the Palliative Care Program at The Cleveland Clinic Foundation

• Preceptorships
  Fox Chase Cancer Center
  7701 Burholme Avenue
  Philadelphia, PA 19111
  (215) 728-3009, contact person: Karen Davis
  Preceptorship is arranged upon individual request; cancer pain content tailored to meet participant’s needs; time is spent with the entire health care team in both the inpatient and outpatient settings, nurses, pharmacists, and physicians may attend.

• Janet Abrahm, MD
  Hematology/Oncology
  University of Pennsylvania Cancer Center
  515 Maloney, HUP
  3400 Spruce Street
Philadelphia, PA 19104
(215) 662-4137, FAX: (215) 662-4646
Individualized program designed to quality fellows to assume a clinical/educational position in palliative care.
• Suresh Reddy, MD  
  Fellowship Coordinator  
  Division of Anesthesiology  
  MD Anderson Cancer Center  
  1515 Holcombe Blvd.  
  Houston, TX 77030  
  (713) 794-5362, FAX: (713) 794-4590  
  Experiential learning at bedside; clinical rounds; journal club; case-based small group discussions; lectures

• Edith Bautista, MD  
  Department of Anesthesiology  
  University of Utah School of Medicine  
  50 North Medical Drive  
  Salt Lake City, UT 84132  
  (801) 581-3622, FAX: (801) 581-4367  
  Fellowship is accredited by CARF (Committee for the Accreditation of Rehabilitation Facilities).

• Palliative Care Nurse Preceptorship Program  
  Medical College of Wisconsin  
  9200 W. Wisconsin Ave.  
  Milwaukee, WI 53226  
  (414) 257-6117  
  Three-day clinical and didactic program focuses on pain and symptom management at end of life.

*Listing adapted from ASPMN Pathways Spring 1998 Issue Developed by Chris Pasero, BSN, RN, and Deb Gordon, MS, RN