

---

# Palliative Care/Pain Management Training Programs

## Role Modeling Programs\*

Role modeling is a method used to change practice behavior and often is applied to improving pain management practice. Examples of role modeling programs include preceptorships (also called observerships and internships), fellowships, and pain resource nurse (PRN) programs. Nurses just starting in the pain management, as well as nurses who have specialized in pain management for a number of years, can benefit from attending these programs.

Preceptorships provide an opportunity for nurses, physicians, and/or pharmacists to spend a few days to weeks learning pain management as an apprentice with an expert group of clinicians. This experience provides attendees with an opportunity to observe a pain service or pain team in action. Most programs include time for formal lectures, patient rounds and interaction, observation of procedures, contact with department and disciplines involved in the delivery of pain management services (e.g., pharmacy, central processing, billing), and group discussion and problem solving.

One of the most innovative strategies to improve pain management is the development of a pain resource nurse (PRN) program. Many PRN programs are modeled after the original program developed at the City of Hope National Medical Center in Duarte, CA. The purpose of a PRN program is to train a group of decentralized staff nurses to function as pain management experts for other staff members. Other responsibilities of the PRN include serving as a role model, providing pain management education and consultation, and acting as a change agent within the institution.

Some of the institutions that provide opportunities to attend a preceptorship, fellowship, or PRN program are listed below. This list is by no means inclusive.

- City of Hope National Medical Center  
1500 East Duarte Rd.  
Duarte, CA 91010-3012  
(626) 359-8111 X62825; contact person: Betty Ferrell, RN, PhD, FAAN – Nursing Research and Education. City of Hope offers a number of other pain education opportunities, including programs for selected clinical nurse specialists, educators, and quality assurance coordinators, and a course on patient education.
- Joan Blais, MPA  
Program Manager for the West Coast Center for Palliative Education,  
University of California, Davis Medical Center  
1771 Stockton Boulevard, Suite 2002  
Sacramento, CA 95816  
(916) 734-2187  
Educational and research efforts for providing care at the end of life.
- Mayo St. Luke's Hospital  
Anesthesia Department and Training and Education Department  
4201 Belfort Road  
Jacksonville, FL 32224  
(904) 296-3712 or (904) 953-8807  
Prepares nurse participants to be PRNs in their own institutions
- Internship/Preceptorships  
Mercy Hospital Medical Center  
Pain Management Services  
400 University Ave.  
Des Moines, IA 50314-1101  
(515) 247-3172 or (515) 247-3239

Comprehensive program focusing on acute, chronic nonmalignant, and cancer pain; targeted for nurses, but pharmacists and physicians also may attend

- Program Director, Charles Von Gunten, MD, PhD  
 Hospice/Palliative Medicine Program  
 Northwestern University Medical School  
 303 East Chicago Avenue  
 Chicago, IL 60611  
 (312) 908-1640, FAX: (312) 908-4070  
 Northwestern University's Roxane Visiting Scholars in Hospice/Palliative medicine program emphasizes hospice care and palliative care medicine for cancer and AIDS patients
- Nursing Internship  
 Schumpert Medical Center  
 One St. Mary Place  
 Shreveport, LA 71101  
 (318) 681-4802  
 2-4 day internships targeted for nurses responsible for improving pain in the hospital setting. Clinical and didactic content focusing primarily on acute pain management: how to establish an acute pain team or service, how to develop a PRN program, as well as opportunities to interface with pain service staff, pharmacy, PRN nurses and bedside nursing staff, and patients.
- Preceptorships  
 Beth Israel Hospital  
 330 Brookline Ave.  
 Boston, MA 02215  
 (617) 667-8000, contact person: Kathy Horvath  
 Preceptorship is arranged upon individual request; acute, chronic nonmalignant, and/or cancer pain content tailored to meet participant's needs; nurses, pharmacists, and physicians may attend.
- Program Director, Dir. Justin McArthur, MB, BS, MPH  
 Department of Neurology  
 Johns Hopkins University  
 600 Wolfe Street  
 Meyer 6-109  
 Baltimore, MD 21205  
 (410) 955-3730  
 Roxane HIV-Nerve Pain Management Program at the Johns Hopkins University School of Medicine offers physicians, nurses, and pharmacists training to treat and manage HIV-related peripheral nerve pain.
- Russell K. Portenoy, MD, Chairman  
 Department of Pain Medicine and Palliative Care  
 Beth Israel Medical Center  
 First Avenue at 16<sup>th</sup> Street  
 New York, NY 10003  
 (212) 844-1472, FAX: (212) 844-1464  
 Fellows will participate in clinical investigations and educational initiatives developed through the Department's Institute for Education and Research in Pain and Palliative Care.
- Nurse Fellowship in Pain and Palliative Care  
 Memorial Sloan-Kettering Cancer Center  
 Pain and Palliative Care Service  
 Department of Neurology  
 1275 York Avenue  
 New York, NY 10021  
 (212) 639-7918, FAX: (212) 717-3081

To request an application, contact: Nessa Coyle, RN, MS at above address. One-year internship in cancer pain management and palliative care for master's prepared nurses.

- “Network Project”  
 Memorial Sloan-Kettering Cancer Center  
 Box 421, 1275 York Avenue  
 New York, NY 10021  
 (212) 583-3042, FAX: (212) 230-1953  
 To request application, contact: Noelle Wootten, Network Project coordinator at above address.  
 Two week observership in cancer pain management, psychosocial oncology, and cancer rehabilitation for health care professionals from any discipline. Participants are selected based on their potential to educate and train others within their own institution and community.
- Clinical Fellowship  
 Memorial Sloan-Kettering Cancer Center  
 Pain & Palliative Care Service  
 Department of Neurology  
 1275 York Avenue, Box 52  
 New York, NY 10021  
 FAX: (212) 717-3081  
 For further information, contact: Dr. Kathleen Foley, Chief at above address. Seeking Board-eligible/Board-certified physicians for pain and palliative care fellowship. This is a one or two year position, which offers comprehensive training in pain management and palliative care. Will participate in clinical investigations of neuro-oncologic pain syndromes, the pharmacology of opioid analgesics and quality of life.
- Program Director, Costantino Benedetti, MD  
 Arthur G. James Cancer Hospital  
 410 West 10<sup>th</sup> Avenue  
 Columbus, OH 43210  
 (614) 293-6040  
 Roxane Scholarship Program in Pain and Symptom Control at the Arthur G. James Cancer Hospital and Research Institute at the Ohio State University.
- Program Director, T. Declan Walsh, MD  
 Director of Palliative Care Services  
 The Cleveland Clinic Foundation  
 9500 Euclid Avenue  
 Cleveland, OH 44195  
 (216) 444-7793, FAX: (216) 444-9464  
 Roxane Visiting Scholars Program at The Cleveland Clinic Foundation was initiated in 1993 by T. Declan Walsh, MD, Director of the Palliative Care Program at The Cleveland Clinic Foundation
- Preceptorships  
 Fox Chase Cancer Center  
 7701 Burholme Avenue  
 Philadelphia, PA 19111  
 (215) 728-3009, contact person: Karen Davis  
 Preceptorship is arranged upon individual request; cancer pain content tailored to meet participant’s needs; time is spent with the entire health care team in both the inpatient and outpatient settings, nurses, pharmacists, and physicians may attend.
- Janet Abrahm, MD  
 Hematology/Oncology  
 University of Pennsylvania Cancer Center  
 515 Maloney, HUP  
 3400 Spruce Street

Philadelphia, PA 19104

(215) 662-4137, FAX: (215) 662-4646

Individualized program designed to qualify fellows to assume a clinical/educational position in palliative care.

- Suresh Reddy, MD  
Fellowship Coordinator  
Division of Anesthesiology  
MD Anderson Cancer Center  
1515 Holcombe Blvd.  
Houston, TX 77030  
(713) 794-5362, FAX: (713) 794-4590  
Experiential learning at bedside; clinical rounds; journal club; case-based small group discussions; lectures
- Edith Bautista, MD  
Department of Anesthesiology  
University of Utah School of Medicine  
50 North Medical Drive  
Salt Lake City, UT 84132  
(801) 581-3622, FAX: (801) 581-4367  
Fellowship is accredited by CARF (Committee for the Accreditation of Rehabilitation Facilities).
- Palliative Care Nurse Preceptorship Program  
Medical College of Wisconsin  
9200 W. Wisconsin Ave.  
Milwaukee, WI 53226  
(414) 257-6117  
Three-day clinical and didactic program focuses on pain and symptom management at end of life.

**\*Listing adapted from ASPMN Pathways Spring 1998 Issue Developed by Chris Pasero, BSN, RN, and Deb Gordon, MS, RN**