

Cancer Pain Education for Patients and the Public



Module III

Pain Education Provided Through Group Settings

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Advantages of Group Education

- ◆ More Cost Efficient
- ◆ Combines Professional and Peer Support
- ◆ Patients May be More Vocal in Group Settings
- ◆ Access to an Existing Audience
- ◆ Rich and Diverse Experience of Group Members

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Access to an Existing Audience

Advantages of Group Education

Rich and Diverse Experience
of Group Members



Challenges of Group Education

- ◆ Diversity Within the Group
- ◆ Balance of Information and Support
- ◆ Your Agenda/Their Agenda
- ◆ Pain Content May Evoke Undisclosed Fears (i.e. fear of recurrence or death)
- ◆ Diversity of Primary Health Care Providers Among Patients
- ◆ Combining Patients and Family Caregivers

Challenges of Group Education

Diversity Within the Group

Challenges of Group Education

Balance of Information and Support



Challenges of Group Education

Your Agenda/Their Agenda



Challenges of Group Education

Pain Content May Evoke Undisclosed Fears (i.e. fear of recurrence or death)

Challenges of Group Education

Diversity of Primary Health Care Providers
Among Patients

Challenges of Group Education

*Avoid Domination
by a Single Group Member*

Challenges of Group Education

Combining Patients and Family Caregivers



Teaching Tips

- ◆ Speaker to Attendee Ratio
- ◆ Know the Real Audience
- ◆ Provide Written Reinforcement
- ◆ Provide Time for Individual Discussion
- ◆ Create a Positive Environment
- ◆ Time, Location of Classes

Teaching Tips

- ◆ Provide Mechanisms for Individual Case Intervention
- ◆ Provide Mechanisms for Follow Up

Teaching Tips

Speaker to Attendee Ratio

Teaching Tips



Know the Real Audience

Teaching Tips

Provide Written Reinforcement



Teaching Tips

Provide Time for Individual Discussion



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Create a Positive Environment



Teaching Tips

Time, Location of Classes

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Provide Mechanisms
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Provide Mechanisms for Follow-Up