Quality of Life Model Applied to Family Caregivers

Physical Well Being
- Fatigue
- Sleep disruption
- Function
- Nausea
- Appetite
- Constipation
- Aches/Pain

Social Well Being
- Isolation
- Role Adjustment
- Financial Burden
- Roles/Relationships
- Affection/Sexual Function
- Leisure Activities
- Burden
- Employment

Psychological Well Being
- Anxiety
- Depression
- Helplessness
- Difficulty Coping
- Fear
- Useless
- Concentration
- Control
- Distress

Spiritual Well Being
- Meaning
- Uncertainty
- Hope
- Religiosity
- Transcendence
- Positive change

References

Betty R. Ferrell, PhD, FAAN, Marcia Grant, DNSc, FAAN, Karen Hassey Dow, PhD, FAAN  2001