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A Battle Over Life Support - In Re Michael Martin: 45 minutes – This program investigates the question of whether seriously ill or injured patients should be kept alive or be allowed to die. It looks at the case of Michael Martin, who was badly injured and incapacitated, though not unconscious. The program considers his wife’s promise that she would allow him to die in such a situation. VHS - $30  Link: http://www.amazon.com/Landmark-Trials-Modern-Ethics-Michael/dp/B000077DF3/ref=sr_1_3?ie=UTF8&s=video&qid=1239212922&sr=8-3

A Celebration of Life  58 minutes This video examines this disturbing fact and the three crucial reasons that lead to this outcome: fear, lack of access to health care and racial and economic bias. It is also a celebration of the lives of African American women who have survived breast cancer and work to educate others about early detection and taking charge of their own breast health. This documentary spans the country and talks with women who met the challenge of breast cancer and took command of their health needs. They share their experiences and urge others to be resolute about consistent self-examination, annual mammograms and pursuing medical diagnosis and care when a problem is detected. Aquarius Productions, Inc. #WOMRISING $150

A Child’s Grief 45 minutes Children cope with loss in ways all their own, and in order to help them face their challenges, we need insight into their feelings. This video provides just such insight. We hear their stories, feel their pain, and share their tears - along with their laughter - as we witness their valiant attempts to come to terms with their losses. Through the enchanting use of animation, some of the children’s dramatic art therapy comes to life, further illustrating the struggle that wages inside children during the grieving process. Aquarius Productions, Inc. Video $195

A Child’s View: Grief Written by and featuring Dr. Wolfelt as well as actual bereaved children and their families, this video explores key principles of helping children cope with grief.
The Center for Loss & Life Transition • Companion Press Bookstore • 3735 Broken Arrow Rd. • Ft. Collins, CO 80526 • (970) 226-5050 http://www.centerforloss.com/

A Conspiracy of Silence: Helping the Patient and Family Live With Terminal Illness 20 minutes Featuring Morris Klank, this program examines the inability of terminally patients and their families to discuss their fears, worries, and strengths. It explains that while this conspiracy of silence is meant to protect the patient, effective care necessitates knowledge about death and dying. Insight Media VHS/1993/#XAL7676-$179 http://www.insight-media.com

A Cradle Song: The Families of SIDS 29 minutes Sudden Infant Death Syndrome claims the lives of over 300,000 infants a year worldwide. In this program, SIDS parents share the pain and anger which have dominated their lives, but they also offer hope to others coping with grief. The video provides much-needed information about this mysterious illness. Fanlight Productions ISBN 1-57295-063-3; CR-063 Video $195

A Cry for Help - Most suicidal young people don’t really want to die; they just want their pain to end. Teen suicide is often preventable if people know the signs to look for and the steps to take when they suspect a friend is suicidal. A Cry for Help teaches young people to recognize the warning signs and to take specific actions to help a friend. Aquarius Productions, Inc. #PSYCRIY Video $99

A Death of One’s Own 90 minutes More and more Americans are looking for opportunities to exert some measure of control over where and how they die. In this program, Bill Moyers unravels the
complexities underlying the many choices at the end of life, including the bitter debate over physician-assisted suicide. Three patients, their families, and their doctors discuss some of the hardest decisions, including how to pay for care, what constitutes humane treatment, and how to balance dying and dignity. In the end, do these patients die the way they wanted? Yes… and no. Films for the Humanities & Sciences FMU10480 Video & DVD $79

_A Decision Making Framework for Clinical Ethics_ 53 minutes – Differentiating between ethical dilemmas and moral distress, this program provides a framework for making clinical ethical decision and explores the framework through case studies. Insight Media HVS/2002/#IAL4393- $279 [http://www.insight-media.com](http://www.insight-media.com)

_A Different Kind of Care_ 90 minutes At the end of life, what many Americans want is physical and spiritual comfort in a home setting. In this program, Bill Moyers presents the important strides being made in the area of palliative care at pioneering institutions such as New York’s Mt. Sinai Hospital and Memorial Sloan-Kettering Cancer Center. These advances are bringing peace to those who fear that they will be a burden to loved ones, will suffer needlessly, or will be abandoned in their hour of greatest need. Films for the Humanities & Sciences #10479 Video $99 DVD $79

_A Family Undertaking by Elizabeth Westrate_ 56 minutes This new documentary explores the complex psychological, cultural, legal and financial issues surrounding an important and growing new trend: the home funeral movement. A Family Undertaking profiles several families who have made the decision to forego the typical mortuary funeral and instead care for their loved ones at home. The program recognizes that there are many caring professional undertakers, and that their services are welcomed by many families. Fanlight Productions CD-374 Video $229

_A Fate Worse Than Death_ 50 minutes This engrossing documentary follows several families who must decide whether to withdraw artificial life support from a loved one in a coma or vegetative state. Relatives, doctors, nurses, attorneys and ethicists comment on the complex moral and legal dilemmas such tragedies pose for families, for health providers, and for society as a whole. The video also includes a valuable discussion of living wills and durable powers of attorney. Fanlight Productions ISBN 1-57295-076-5; CR-076 Video $195

_A Friend Called Lyle_ 30 minutes The documentary portrays the spiritual and courageous struggle of Lyle Matthews, who, at the age of 39, was diagnosed as having breast cancer. During her last months, Lyle shared with filmmaker Bob Markee her fear, anger, frustration, and insight. This powerful, heartfelt video addresses the process of surrendering into death, and explores the possibilities of conscious dying. Terra Nova Films Video $145; Rental $45

_A Journey Back: Coping with a Parent’s Suicide_ 24 minutes When a parent commits suicide, he or she leaves behind a wake of pain and guilt for children and spouse. Louise Gallop, who made this film, was nine years old when her father shot himself. She and her brothers and sisters grew into productive human beings, upstanding members of the community. But they never spoke of the personal tragedy that engulfed their family. A Journey Back is a moving account of her coming to terms, fifteen years later, with her father’s suicide. Despite the family’s initial reluctance to talk about their traumatic experience, it is evident that the process of opening up communication has helped all of them. Filmmakers Library Video $195, Rental $55
A Lion in the House  - Five children, six years, true stories from the war on cancer. Educational DVD modules based on expanded stories from A Lion in the House documentary film. The real-life intimate case studies serve as conversational starters to assist health care professionals and students to sensitively explore issues of childhood and young adult cancer. The seven modules include: Nurse-Patient-Family Relationships, Pediatric End-of-Life Case Studies, Siblings Stories, Disparities, Spirituality and Childhood Cancer, Childhood Cancer and School Issues, and Childhood Cancer Survivorship Stories. These modules are available for the professional and educational communities at Aquarius Healthcare Media.

A Matter of Time  20 minutes Nurses and volunteers in hospice deal with dying patients every day. How do they cope with so much loss? How do they face grieving families and dying people in pain day after day? It’s not easy, but in this film you will find out how they do it. You will meet five hospice workers and a hospital chaplain. Their stories of coping with dying patients are eloquent lessons for anyone in healthcare. Aquarius Productions, Inc. Video $175

A Matter of Time: Coping with Patients Dying  Nurses and volunteers in hospice deal with dying patient every day. How do they cope with so much loss? How do they face grieving families and dying people in pain day after day? It’s not easy. This video explores how they do it. Aquarius Productions, Inc. #H&CMATTER Video $99

A Miracle for Cancer?  50 minutes This program follows the development and testing of a potential vaccine for melanoma. In a particularly fascinating sequence, viewers are taken inside the body through electron microscopy, while doctors perform a complicated surgical procedure. This is excellent, up-to-date information on current research into a cure for this deadly form of cancer, and an informative overview of the process of abnormal cell development. Films for the Humanities & Sciences #7469 Video & DVD $99

A Mother's Grief  45 minutes This intensely moving documentary follows a support group for mothers struggling to deal with the unthinkable - the death of a child. In this support group, you meet courageous women of various ages and backgrounds, and watch as they are bound together by their sense of loss. Excellent for bereavement counselors, support groups, and staff training. Aquarius Productions, Inc. Video $195

A QUESTION OF ETHICS A HEART TRANSPLANT PROGRAM 3-video set The three videos in this series provide an inside look at one hospital ethics committee’s deliberations on current issues in health care. The Dying Patient: Treating Pain 28 minutes What are the ethical issues involved when a terminally ill patient, experiencing uncontrollable pain, may be killed by the amount of drug needed to relieve suffering? In this provocative video, the committee discusses a hypothetical case in which a doctor faces such a dilemma. Physician-Nurse Relationships 28 minutes Doctors and nurses discuss the sources of friction between medicine and nursing. Beginning with an examination of their differing professional perspectives, they also discuss changing roles in health care, gender bias, and the effects of economic changes, was well as exploring possible solutions. A Heart Transplant Program 28 minutes This hypothetical case explores the ethical dimensions of deciding to start a new heart transplant program, but it also provides a framework for thinking about other issues involving allocation of resources, competition in health care, and responsibility to community. Fanlight Productions CR-138 Video $150/Set
A Time to Change  90 minutes Whether they want to or not, four out of five Americans will likely die in hospitals or nursing homes, and the care they get will depend on both who is providing it and who is footing the bill. In this program, Bill Moyers introduces crusading medical professionals—including members of the Balm of Gilead Project in Birmingham, Alabama—who have dedicated themselves to improving end-of-life care by changing America’s overburdened health system. Films for the Humanities & Sciences #10481 VHS & DVD $79

A Time to Choose  20 minutes A video introducing advance directives – living wills and durable powers of attorney for health care/health care proxies. Taped at the primary care clinic of a major urban hospital, this video is directed at patients who may have some medical problems but are not acutely ill and attend clinics for their basic medical care. An elderly couple and a middle-aged man discuss their thoughts about what kind of treatments they would or would not want if they could no longer speak for themselves. They are guided in the discussion by a lawyer/ethics, and are later joined by their personal physicians. Choice in Dying V130 Video $89.95

A Time To Die: Who Decides?  33 minutes Who decides how and when a terminally ill patient should be allowed to die? This deeply moving film focuses on three patients - a nine month old boy with a brain tumor, a young woman with Hodgkin’s disease, and elderly woman with Alzheimer’s Disease - and their families. The film raises important questions and stimulates discussion from ethical and legal points of view. Terra Nova Films Video 129; Rental $35

Activities of Daily Living after Left Brain Stroke  20 minutes The second of a two-tape/two-guidebook series designed to assist the professional in educating family caregivers of those who have had a stroke. This component identifies the deficits of those who have had a left brain stroke, and presents essential day-to-day techniques for improving a stroke survivor’s ability to perform activities of daily living. Aspen Publishers

Activities of Daily Living after Right Brain Stroke One video of a two-tape/two-guidebook series designed to assist the professional in educating family caregivers of those who have had a stroke. This component identifies the deficits of those who have had a right brain stroke, and presents essential day-to-day techniques for improving a stroke survivor’s ability to perform activities of daily living. Aspen Publishers

Advance Directives and the Elderly: Making Decisions About Treatment Limitations  20 minutes Three nursing home residents talk with their physicians about their wishes to limit treatment. Topics specifically addressed are artificial feeding, cardiopulmonary resuscitation, and use of antibiotics. Video Press Video $150; Rental $75

Advance Directives: Assisting Patients With End-of-Life Decisions  40 minutes This video offers advice on how to counsel patients about end-of-life decisions. Health-care professionals and patients are shown discussing alternatives in a variety of settings, including hospitals, nursing homes, physicians’ offices, and the home. The program presents guidelines for assessing decision-making capacity, teaches how to present information in an unbiased manner, and explains when to include or exclude family members in discussions. Insight Media NS1327 Video $229

Advance Directives: CPR in Nursing Homes  19 minutes In this program, a physician, a nursing home resident and the residents daughter discuss CPR. In answering posed questions, the physician responds...
to their emotional concerns as well as to their need for information Video Press Video $300, Rental $100

*Advance Directives: What Health-Care Professionals Need to Know* 28 minutes – Advance directives ensure that a person’s end-of-life wishes are honored. This video focuses on common questions asked by providers regarding applications of advance directives and changes to living wills. Insight Media HVS/199/#36AL2815 - $259 [http://www.insight-media.com](http://www.insight-media.com)

*Affirmations for Living Beyond Cancer* 30 minutes Life is not without unexpected challenges. This video is a sensitive and creative blend of natural scenery, music and suggestions that gently guides you through a healing journey. It is an innovative multimedia approach based on current scientific research that links the mind, the immune system and the achievement of wellness. Aquarius Productions, Inc. #ONCAFFIRN $90

*After a Suicide* 12 minutes When the filmmaker’s mother committed suicide two weeks before her eighteenth birthday, she felt tremendous guilt and shame about the suicide. It was years before she could say out loud “My mother killed herself.” She lived her life as if nothing had happened. But when she tried to commit suicide herself, she realized something was very wrong. She had to start acknowledging the feelings that she had repressed for years. She found that when she spoke about her mother’s death by suicide, people did not want to hear about it. Some, however, told her they had friends or co-workers who were survivors, but that they didn’t know how to discuss the subject with them. Many survivors do not talk about the suicide with anyone, even years after the event. By not talking about it, survivors have not been able to go through the normal healing process. After a Suicide provides support and identification for the many survivors of suicide. It enables counselors to understand the feelings of those left behind and help them deal with their loss. Filmmakers Library Video $150, Rental $50

*After Death* 10 minutes Is it truly possible to communicate with our loved ones after they have died? In this video, the viewer has the opportunity to hear the wonderful stories and personal experiences of Dr. Elisabeth Kubler-Ross and Dr. Jean Houston in relation to the loss of a loved one. Aquarius Productions, Inc. #ENDAFTER $99

*AIDS Work: Six Healthcare Workers Face the AIDS Crisis* 23 minutes Two physicians and four nurses reflect on several decades of combined experiences in caring for patients with HIV/AIDS. They discuss facing fear, frustration, burnout and grief as they struggle to deliver compassionate care, as well as their rewards of caring for this population. This inspirational program in invaluable for stress management programs, and in preparing students and new workers for the realities they will face. Fanlight Productions ISBN 1-57295-220-2; CR-220 Video $195

*AIDS: The Heart of the Matter* 31 minutes This is a powerful program that profiles one man’s five-year battle with AIDS - from his HIV diagnosis to his memorial service. Clinton Eagle candidly discusses his physical and emotional journey through the latter stages of his fight with AIDS. Educating and unforgettable, AIDS: The Heart of the Matter puts a face on this disease. Aquarius Productions, Inc. Video $195

*Ali* 30 minutes Diagnosed at age twelve, Ali is forced to grow up quickly. She struggles with having to confront serious questions about life while trying to be a normal kid. At a time when issues of body
image are of the utmost importance to young women, Ali bravely accepts inevitable consequences like losing her long beautiful hair to chemotherapy. Over the course of two years, Ali’s cousin documents Ali and her family’s fight for survival. Aquarius Productions, Inc. #ONCALI $150

*Almost Home: Living with Suffering & Dying* 30 minutes Sr. Thea Bowman, FSPA, speaks of her five year struggle since cancer diagnosis. In sharing how she has accepted death as part of the cycle of living - part of God's plan, which is good. Sr. Thea gives insights into finding peace through faith and friends as well as the importance of choosing life. Catholic Diocese of Fargo #MRL 1470
doreen.talma@fargodiocese.org

*Alternative Medicine* 29 minutes Alternative, or complementary, health systems are gradually being integrated into American culture and can now be found in many American physicians’ offices. This program provides an overview of Chinese and Indian medicine, homeopathy, herbalism, naturopathy, osteopathy, massage, and chiropractic. The program observes patients who are using one or more of these therapies in their health care, and speaks with several experts including Andrew Weill, a Harvard-trained physician and author of numerous books on integrative health; Dr. Christiane Northrup, and obstetrician/gynecologist and proponent of alternative medicine; Dr. Fredi Kronenberg, director of an alternative medical center at Columbia University, and Nancy Lonsdorf, a physician who practices both Western and the Indian system of Ayurveda in her practice. Films for the Humanities & Sciences #6296 VHS & DVD $149


*An Act of Self Determination* 21 minutes Studies show that many people want their doctors to raise the subject of advance planning. At the same time, many physicians would like to help their clients plan in advance but believe that they do not know how to go about it. An Act of Self Determination was made to help bridge this gap. The presentation aims to increase caregivers’ understanding and level of comfort with the subject. Actual filmed discussions between health professionals and their clients, together with advice from experienced clinicians, provide a range of practical ideas for raising the issue of advance planning. The video includes footage of a dramatic bedside encounter in the Intensive Care Unit that illustrates the profound need to involve patients and their families in end-of-life decision making. Choice in Dying V120 Video $89.95

*Angels Don’t Have Headlights* 25 minutes Psychiatrist Dr. Edward Mason produced this sensitive film on bereavement. It shows four children aged three to eleven, who lost a family member through death. Skillfully interviewed by a pediatrician or a psychologist, the children reveal their fantasies, their fears and their grief. This video shows how the child’s conception of death and the child’s grieving process differ from those of an adult, and in fact, vary considerably with each developmental stage. It presents a model for clinician-child-family interaction where the professional has the opportunity to foster the emotional health of the young person. Filmmakers Library Video $295, Rental $55

*Angels Watch Over Me* 52 minutes This is a story of young adults who married, had an HIV-positive baby, and then learned that they themselves were also HIV-positive. Angels Watch Over Me
demonstrates that we are all vulnerable to this disease. This heartwarming video takes us into Jim, Gerri, and Jason’s lives as they struggle with AIDS and dying. Aquarius Productions, Inc. Video $140

**Angola Prison Hospice: Opening the Door**  Explores the relationships of patients, administrators, security, hospice staff and family at a Louisiana State Penitentiary. Open Society Institute 212-548-0600.

**Answered Prayers: Investigating the Healing Power of Prayer**  25 minutes  Can prayer account for astonishing recoveries that exceed medical expectations? In this program, doctors—including Larry Dossey, author of Healing Words—and people outside the medical profession share their understanding of prayer as a complementary therapy and the different approaches to using it. They also discuss the difference between curing and healing, and whether or not a patient’s death is a failure of prayer. People of different faiths agree that prayers for the ill, whether done as part of a group or alone, vocally or silently, can help provide meaning, hope, and possibly even health for those in need of healing. Films for the Humanities & Sciences #8596 VHS & DVD $149

**Are You Listening: Widows**  28 minutes  The widows in the program represent a broad range of backgrounds and experiences. They talk about their loneliness, their anger, and their feelings of loss. They talk about how they have learned to cope with these feelings and reorganize their lives. The program does not attempt to provide solutions. Rather, the discussion is open-ended, providing rich material for group discussion following the viewing. Terra Nova Films Video $300; Rental $50

**Assessment and Management of Acute Pain in the Elderly**  30 minutes  Emphasizing that the elderly are often slow to report pain, this video discusses major types of acute pain, the role of analgesia, and the goals for acute pain assessment and management. It also addresses patient education on rights and responsibilities related to controlling pain. Insight Media #IAD4000 Video $259

**At a Loss for Words**  30 minutes  How to help those you care for after a miscarriage, stillbirth or newborn death – Does anyone care? Of course we do, but few of us know how to show it. At a Loss for Words teaches spouses, family members, friends, neighbors, and early caregivers - clergy, doctors, nurses, and counselors - how to help and to say and do Aquarius Productions, Inc. Video $99

**At Death’s Door**  This video resource for grief focuses on help for those facing the terminal illness of a loved one. Paraclete Press ISBN: 1-55725-222-X Video $39.95

**At the Moment of Death**  15 minutes  Death is more than a medical experience as we clearly see in this reassuring video. The viewer will hear from those who are dying, bereaved family members, and hospice workers. What makes this video special is the incredible stories that are shared about the “spiritual passage” by experts Joan Boryseko, Jean Houston and hospice professionals as well as those special patients who are dying. Aquarius Productions, Inc. #ENDMOMENT $99

**Back from Light**  28 minutes  Coming back after a near death experience profoundly affects people and sets them apart from others. At the University of Connecticut, a center for the study of this phenomenon, survivors have formed a support group. Members can share their feelings freely. Most striking is that many have reassessed their lifestyles and changed their priorities. Dr. Bruce Grayson explains the psychology of near death experience. Filmakers Library Video $295, Rental $55
Basic Legal Terminology 25 minutes Outlining the sources and types of medical law, this video discusses negligence and malpractice, as well as informed consent and professional liability insurance. Insight Media NU841 Video $149

Before I Die 60 minutes In homes, hospitals and courtrooms, the process of dying in America is being fiercely contested. Now you can join the debate in this Fred Friendly Seminar. Through the experiences of three hypothetical patients, you’ll examine difficult issues including physician-assisted suicide, final treatment options and advance directives. Then draw on the insights of highly regarded doctors, nurses, ethicists and spiritual advisors to reach your own conclusions about the cultural, medical and personal decisions we must face. PBS Video BIDI-101-S8LC Video $79.95 http://www.thirteen.org/bid/index.html

Before I Die: Medical Care and Personal Choices 60 minutes In the drive to save lives, American medical technology prolongs the dying process for many, creating a number of end-of-life scenarios that have done much to rob death of its dignity and significance. This seminar moderated by Harvard Law School’s Arthur Miller, brings together a diverse group of panelists, including Yale professor Sherwin Nuland, bioethecist Arthur Caplan, Rabbi Maurice Lamm, and Anna Quindlen. Together they confront medical and cultural issues such as advanced directives, palliative care, physician-assisted suicide, the need to re-spiritualize the dying process, and the overall difficulty of discussing death. Films for the Humanities & Sciences VHS & DVD $149

Before You Say Good-bye 30 minutes The catalyst for productions of this video was a tragic death. Producer and host, Jennifer Stache, talks with people whose lives have been intimately touched by suicide. Then she turns the tables to share her own painful ordeal after losing a loved one quite unexpectedly to suicide. The program’s goal is simple, to save lives. Before someone considering suicide says good-bye, this half-hour video may inspire him or her to find a reason to hold on to life. Aquarius Productions, Inc. Video $195

Between Life and Death 51 minutes According to polls, 70 percent of Americans believe in life after death. This program investigates that possibility and provides astonishing testimony from those who claim to have had out-of-body experiences, including one man who “died” for 32 minutes. Experts on both sides examine religious and scientific theories. Laboratory studies attempt to provide rational explanations, as subjects are neurologically stimulated and share common visions of dark tunnels with beckoning light sources. Are these euphoric, culturally determined hallucinations triggered by endorphins released under stress, or proof of an after-life? This is a fascinating intellectual and spiritual foray into a controversial and elusive topic. Films for the Humanities & Sciences #7417 VHS & DVD $169

Beyond Death’s Door 30 minutes This video provides help for the grief journey after a loved one has died. Interviews with expert grief counselors and personal testimonies by people who have experienced the death of someone close to them, help the grieving person understand the processes of grief and mourning. Aquarius Productions, Inc. #BERDEATH $99

Beyond Diagnosis: Our Journeys with Breast Cancer 54 minutes This sensitive and powerful documentary chronicles a year in the life of Barb and her husband, as they face her diagnosis with breast cancer. We follow Barb through this emotional chapter in her life: diagnosis, treatment, family,
and life after treatment. Barb’s story is revealed to you as it is revealed to her, as it happens. Aquarius Productions, Inc. Video $150

Beyond Life and Death  30 minutes What happens after bodily death? This program explores how beliefs about an afterlife affect the way people live their lives and approach death. In a lively, insightful dialogue, Tibetan Buddhist scholar Robert Thurman and teacher/author Rabbi David Wolpe discuss the concepts of heaven and reincarnation while presenting their different views of what they believe may lie beyond the mortal veil. Films for the Humanities & Sciences #11018 VHS & DVD $99

Bigger Than This Manhattan  15 minutes This sensitive film takes you into the lives of kids from ages 6 – 15 who have a parent with HIV/AIDS. In some cases, this filming is the first time that the child has publicly revealed his/her story. The children share their feelings about how hard, frightening and lonely it can be. They speak to the difficulty of revealing their situation to guidance counselors and peers. Aquarius Productions, Inc. Video $99

BODY & SOUL SERIES (19-part) Providing timely, practical information on the physical and spiritual components of health. Each program includes a mix of internationally known experts and individuals coping with major health issues. Staying Healthy in a Stressful World 27 minutes (Body & Soul) goes behind the scenes of the Mind/Body Medical Institute in Boston to meet two people who suffer from heart disease and a third who came to the program on a preventative basis. …explores the causes and results of stress and explains how the “relaxation response” can be so helpful in reducing it. Healing Places 53 minutes This video features a unique blend of several sought-after popular trends: exercise, health and holistic healing. This “how to” program demonstrates easy-to-follow holistic exercise. This video includes Tsi Chi, Body-Mind Exercise, Chakra Healing, and Healing Meditation. Creating Wellness: Taking Time, Making Time 27 minutes On location at the Omega Institute in NY, Body & Soul finds out how each of us can be happier and healthier by becoming more aware of how we use our time. Through interviews, ways to be more fully alive by consciously slowing down the rapid pace of life are explored Partners in Healing: Mind, Body, and Prayer 27 minutes Exciting new techniques of preparing for surgery are explored, including healing statements read to patients by their anesthesiologist—while they’re unconscious! We go into the operating room to see these steps in action, and find out why patients who use this approach heal more quickly, go home sooner, and require from 23 to 50% less pain medication. We also hear some evidence about prayer as a “healing helper.” Ode to Joy: Why Your Attitude Matters 27 minutes Doctors now have evidence that a happy, optimistic attitude can increase our health and longevity. This video features the inspiring words and music of gospel singer Sister Alice Williams, who teaches people of every color how to “make a joyful noise,” Psychologist Stella Resnick, PhD, has additional ideals on how to let go and be happy, and best-selling author Sarah Ban Breathnech offers some ways to appreciate the simple pleasures of life. Ancient Healing 27 minutes An overview of different forms of health for nursing and medical schools, this video follows an expectant mother to learn her experience with it, and also discovers how traditional Chinese medicine can be used for treatment of chronic sciatica. Later, we hear about how Chinese medicine looks at patients differently from Western medicine in an interview with Ted Kaptchuk, OMD, one of the first Americans to study in Macau. Finally, we travel to Guatemala to see how native healers called shamans use drums, music, and a deep reverence for nature to heal people and the earth. Aquarius Productions, Inc. Series $999, Individual segment $99

Both Ends Burning  14 minutes Aimed at health and social service workers, at all levels who confront the enormous stresses that go with AIDS-related jobs. Through an intriguing combination of
dramatization and interviews, it touches on the fears and ambivalent feelings experienced, as well as the organizational problems, which HIV has created for individual caregivers and the agencies they work with. Fanlight Productions ISBN 1-57295-200-8; CR-220 Video $145

**Breast Cancer: Coping with Your Diagnosis**  37 minutes This program reviews the various types and stages of breast cancer, the methods for diagnosing the disease, surgical treatment options, and how various patients and their partners can learn to cope with their emotions while wrestling with the reality of the diagnosis. Films for the Humanities & Sciences #7526 VHS & DVD $149

**Breast Cancer: Recovering from Surgery**  30 minutes The types of surgery available, from lumpectomy to modified radical mastectomy, are discussed in this program, along with ways to promote emotional and physical recovery, create a support system among family and friends, and get back to good health. The viewpoints and feelings of the patients’ partners are emphasized. Films for the Humanities #7527 VHS & DVD $149

**Breast Cancer: Understanding Adjuvant Therapy**  31 minutes The cancer treatment options of chemotherapy, radiation, and hormone therapy are discussed in this program, along with how to choose a treatment or mixture of treatments with the help of a health care team. The program also discusses how patients and their partners can cope with the physical and emotional stress of treatment side effects. Films for the Humanities & Sciences #7528 VHS & DVD $149

**Breast Cancer: Your Ongoing Recovery**  31 minutes Creating a healthy lifestyle after completion of surgery and adjuvant treatment can be the most difficult part of recovery. And it is the recovery stage itself that is often the most difficult for partners, putting relationships at risk. This program addresses these issues by explaining how patients can help partners, family, and friends adjust to the new lifestyle, and how patients and partners can cope with the ongoing emotional aspects of living with breast cancer. Films for the Humanities & Sciences #7529 VHS & DVD $149

**Breathing Lessons: The Life and Work of Mark O’Brien**  35 minutes O’Brien, a journalist and poet, contracted polio in childhood and has spent much of his life since then in an iron lung. For more than forty years he has fought against illness, bureaucracy and society’s conflicting perceptions of disability, to lead an independent life. Incorporating the vivid imagery of O’Brien’s poetry and his candid, wry and often profound reflections on work, sex, death and God, this provocative film asks: What makes life worth living? Fanlight Productions ISBN 1-57295-180-X; CR-180 Video $195.00

**Buying Time: The Media in Health Care**  27 minutes A thoughtful and disturbing examination of the role of media in determining the allocation of precious healthcare resources. It profiles two very different cases in which patients and their advocates orchestrated media campaigns to solicit contributions to pay for bone marrow transplants. Fanlight Productions CD-133 Video $99

**Cancer: A Turning Point**  33 minutes Dr. Lawrence LeShan, author of the best selling book Cancer as a Turning Point, has developed a sensible, satisfying, and effective complementary cancer therapy that is a must for those with cancer who strive to survive. LeShan developed a new therapeutic approach, helping a person create a zestful and enthusiastic life. With this therapy, a majority of his terminal patients went into remission or their cancer resolved. Aquarius Productions, Inc. #ONCUTURING $90
**Cancer and Metastasis** 37 minutes This program studies the biological processes by which the body reproduces cancerous tumors, and summarizes the results of current research. The various steps of metastasis are clearly demonstrated in film and computer animation. A film segment of real human tissue shows tumor cells moving in a regulated manner under the direction of “leader cells.” Computer animation illustrates how a normal cell becomes cancerous. Treatments under development for the prevention of metastasis in certain cancers are summarized. Films for the Humanities & Sciences #6904 VHS & DVD $169

**Cancer Treatment** 28 minutes What is it like to go through chemotherapy or radiation after you’ve been diagnosed with cancer? This program follows several people through the process, detailing the treatment, side effects, and emotional ups and downs. Information is provided on the combined chemo/radiation therapies, as well as new treatments that extend life expectancy for lung cancer. Patients with breast, lung, prostate, ovarian cancer and Hodgkin’s disease are shown in treatment and talk about how they incorporate it into their daily lives. Aquarius Productions, Inc. Video $149

**Cancer: A Personal Journey. Notes From the Edge…** An intimate narrative of the last two years in the life of a 29-year-old physician diagnosed with cancer. Through the legacy of his Diary, which he began the day after he was given this diagnosis, he chronicles the only known physician’s self-record of a catastrophic illness through the private world of his Diary. The viewer experiences Dr. Peter Morgan through interview films during his illness as well as his Diary. We observe the ways in which his family and his colleagues enhanced the quality of living in his dying. His suffering and vulnerability are transcended as he struggles to capture the meaning of each moment in his finite life. Glaxo Wellcome

**CANCER: INCREASING YOUR ODDS FOR SURVIVAL** (4-part series) Narrated by Walter Cronkite, this two-time award winning series is part of the Human Condition Series. Video I – Dealing with Cancer 57 minutes Includes background information on cancer including terms, and statistics; how to deal with the shock of diagnosis, and the importance of second opinions and support. #ONCDIAG Video II – Treatment Interventions 57 minutes This video contains information on mainstream physical interventions, alternative and complementary physical treatments, diet and nutrition, and books, resources, and organizations to find out more about these topics. #ONCSURVIVE Video III – Mind/Body Therapies 57 minutes This video covers the minds effect on the immune system and healing, and the psychological dimensions of cancer. Complementary therapies are included with some well-knows experts. #ONCMINDBODY Video IV – Spirituality and Mortality 57 minutes The final video deals with the spiritual aspects of the disease, spontaneous remission, death and dying and terminal care. #ONCSPIRIT Aquarius Productions, Inc. #ONCSURVIVE Series $399, Individual $140

**Cancer: Increasing Your Odds for Survival…** This video is a jump-start of information that cancer patients and their families need in order to make informed decisions to increase the odds for survival. It is a four-hour, four-part educational documentary that provides a complete overview of state-of-the-art information and resources from America’s leading cancer experts and cancer survivors. Walter Cronkite as narrator will introduce topics and interview some of the most prominent cancer experts of our time. Aquarius Productions ONCSURVIVE Video $399

**Care Beyond Cure: Hospice Helping Physicians Treat The Terminally Ill** 30 minutes One of the big challenges in gaining greater acceptance for hospice is to change attitudes and improve awareness among physicians. This outstanding video clinic takes a giant step toward that goal. It straightforwardly addresses physicians’ concerns and questions about hospice. Interview with patients and physicians help bring into focus issues like how to cope with pressures to cure, the physician’s role in a care team,
discussing hospice with patients, reimbursement concerns, nurse-physician interaction, and more. National Hospice Organization B712448 Video $15.95

CARE OF THE DYING SERIES 4-tape series
Learning About Dying: Death, The Final Stage of Growth 20 minutes – This program provides a philosophical appreciation of human existence - birth, growth and death - the spectrum of life. As caregivers to the elderly, understanding, acceptance and comfort with the subject of death and dying will help you and your patients.
Making Decisions and Plans 20 minutes This video presents a discussion in which a physician explains to a patient that no cure exists for the patient’s condition. Topics include support the health care team will provide, advance directives, treatment options and quality of life.
Comfort Measures at the End of Life 20 minutes Terminally ill patients who elect not to pursue curative treatment deserve the best possible care. Health care providers must know how to provide pain control and symptom management for physical comfort. They must also be able to discuss the physiological ramifications and basic ethical principles of withholding artificial nutrition and hydration. Finally, it is essential, whenever possible, to involve the family in supporting and implementing decisions.
A Conspiracy of Silence: Helping the Patient and Family to Live with Terminal Illness 20 minutes Effective care for terminally ill patients and their families involves education about death and dying. Health care workers often find loving, caring families unable to share their fears, worries and strengths. A “conspiracy of silence” is developed to protect the patient. Through open communication, the health care professional can help patients and families replace fear and distress with spiritual and emotional strength to give life’s final stage a sense of peace and meaning. Video Press Video $150/each or $400 Series; Rental $75/each

CARING AT THE END OF LIFE SERIES 3-tape series or purchase
Caring at the End of Life by Itself Caring at the End of Life – 45 minutes - This moving film focuses on the key roles of nursing staff in patient care and communication. It profiles six severely ill patients; their stories offer no easy answers, but raise many of the key issues faced by patients and those who care for them, including the role of technology, deciding when to use or to withdraw life-sustaining treatments, the importance of effective pain management, and the impact of patients’ culture and community on care decisions. Fanlight Productions CD-328 Video $249
Related Study Films for Caring at the End of Life Each film: 15 minutes. Stanley: This disturbing case study raises complex issues about medical prognosis and religious belief in end-of-life decision-making, and is particularly relevant to discussions about the concept of futility. Stanley is excerpted from the film Caring at the End of Life, and is available only to purchasers of the complete film. Video $119
Discussing Advance Directives: A nursing team meet with the physician who is their SUPPORT Project principle investigator to discuss the difficulties they encounter in working with patients on advance directives. This video is expanded from a sequence seen in Caring at the End of Life, and is available only to purchasers of the complete film. Video $89 Fanlight Productions CD-910
Purchase both study films with Caring at the End of Life: Combined price: $369

Caring for the Dying Patient: Physical Care 25 minutes – This program addresses the significant physical needs of dying patients. It covers such topics as pain management, addiction fallacies, common symptoms, side effects, and ramifications of disease progression. The program discusses such
common home healthcare issues as family assessment, treatment plan compliance, and equipment and procedure training. Insight Media VHS #XAL6211 - $289 http://www.insight-media.com

*Caring for the Dying Person* 30 minutes – This sensitive program explores ways to meet the social, spiritual, psychological, and physical needs of a dying resident and provides strategies for assisting a grieving family. Insight Media VHS #XAL5863 0 $259 http://www.insight-media.com

*Caring for the Patient With Breast Cancer* 47 minutes – This video lists treatment modalities and informational needs related to treatment decisions facing newly diagnosed breast cancer patients. It examines the management of common side effects related to surgery radiation therapy, and systemic therapy: describes techniques for managing psychosocial and self-esteem issues; and discusses how nurses can improve the continuum of care. Insight Media VHS/2001/#IAL4479 0 $249 http://www.insight-media.com

*Caring for Mo* – This educational video raises awareness about the battle with breast cancer from diagnosis to death. NH Breast Cancer Coalition • 18 Belle Lane • Lee, NH 03824-6438 http://www.nhbcc.org/projects/film.htm

*Carved from the Heart* 30 minutes – This powerful film explores questions of death and dying, family relationships and parenting, domestic violence, and the impact of war on veterans and their families. But, most importantly, the film demonstrates the enormous power of mutual support, culture, and ceremony in enabling a community to face tragedy, provide support to its members, and find a path to community healing. Study guide available online at www.fanlight.com. Fanlight Productions CD-373 Video $250

*Chemo Paintings* 57 minutes – Dorothy Bryan takes the viewer through her struggles with surgery, drugs and chemotherapy. Her feelings and emotions are vividly expressed through a 10-piece series of paintings, which help provide insights into many issues. Her use of art as a form of therapy opens a window through which we can see the importance of healing the whole person. Dorothy also shares her insights and wisdom with her granddaughter who is also diagnosed with cancer. Aquarius Productions, Inc. Video $195

*Childhood’s End: A Look at Adolescent Suicide* 28 minutes – This documentary portrait of three suicidal youngsters will help counselors, parents and young people begin to constructive dialogue. Anna was 16 when she broke away from her family. Now at 20 she remembers the events leading up to her overdose. Therapy and a network of friends have helped. Sherri came from an affluent background, but clearly something was missing. She made two attempts to end her life. Today she is beginning to see options. For Michael, getting help didn’t work. When he killed himself at 18, his two closest fronds were devastated. This film shows the importance of using all resources to help troubled youngsters. Filmmakers Library Video $195, Rental $55

*Children Die, Too* 26 minutes – No one is ever prepared for a child’s death or able to accept it with equanimity. A couple who lost their three-year-old, a teenager whose sister died from leukemia, and others who have lived through the death of a child talk about their experiences. Specialists in dealing with childhood terminal disease and death talk about how people can help each other after the death of a child and how surviving children can be helped to express grief. Films for the Humanities and Sciences #2374 VHS & DVD $169
Claire’s Story: Ethical Issues at the End of Life  17 minutes – Every day in the life of a terminally-ill patient presents a host of decisions for patients, families and members of the health care team. In this video, Julie Russell, a nurse dramatist, presents a dilemma not unlike those faced by patients, families, and health care providers across the continuum of care on any given day. This video was developed with both healthcare students and professionals in mind. Includes Study Guide. Helen Emmott, Julie Russell. Take Ten  http://www.ethicsthrudrama.com/

Code Gray: Ethical Dilemmas in Nursing  26 minutes – This multi-award-winning film documents four situations in which nurses must balance the often contradictory views of patients, family members, and other staff about what is best for their patients. It offers no easy answers, but will trigger discussion about the realities of nursing in a technologically complex world. Fanlight Productions JH-004 Video $195; Rental $50/day

Comfort Measures at the End of Life  37 minutes – Explaining that healthcare providers must know how to treat terminally ill patients who elect not to pursue curative treatment, this program covers pain control and symptom management for physical comfort. It shows how to discuss the physiological ramifications and basic ethical principles of withholding artificial nutrition and hydration. Insight Media VHS #XAL7815 - $179 http://www.insight-media.com

Common Heroes: Choices in Hospice Care  30 minutes – Facing terminal illness can be terrifying, not only for patients, but also for family members who must choose how best to help and care for their loved one at the end of life. This revealing video follows the nurses, physicians, social workers, and clergy who make up the hospice team, and demonstrates the way they collaborate to help families develop care plans that will maximize each patient’s quality of life during the end stages of their illness. Threaded through the documentary are the moving stories of several hospice patients. Also shown is an innovative program at the University of California, San Diego, where all medical students undergo a hospital rotation. Fanlight Productions CD-330 Video $199

Companions on a Journey  22 minutes – Coping with a terminal illness is understandably difficult, both for patients and the people who care for them. This film shows us people who have been through the hospice experience and details how they benefited from the caring assistance hospice provides. It shows how hospice encourages patients to live as fully and comfortably as possible, with the support of family and friends. Aquarius Productions, Inc. Video $195

Companions on a Journey: The Hospice Experience – Coping with terminal illness is understandably difficult both for patients and the people who care for them. This video shows us people who have been through the Hospice experience and details how they benefited from the caring assistance Hospice provides. Aquarius Productions, Inc. #H&CCOMPAN Video $195

Complementary Medicine  14 minutes – This program looks at a unique program at St. Francis Hospital in which medical professional’s help patients think about their lives and health from a new perspective. It explains that people have just now begun to look at these complementary therapies from a scientific standpoint. Insight Media VHS or DVD/2000/#36AL6146, #36AL147 - $139 http://www.insight-media.com

Controlling Pain  23 minutes – Pain accompanies us from birth to death. How and why does it happen? This program describes the complex process of pain, which originates either from specialized receivers...
located on the skin or from the brain. It also describes ongoing research to find ways to alleviate pain, including pain-killing chemicals and new electric stimulation techniques. Films for the Humanities & Sciences #5531 VHS & DVD $99

CONTROLLING PAIN SERIES 3-tape series

Reporting Symptoms of Pain 20 minutes – Dr. Wertheimer and nursing assistants assess several residents to demonstrate how to recognize and report symptoms of pain. Dr. Wertheimer emphasizes that staff need to get exact descriptions from residents who are able to speak. With non-verbal residents, nursing assistants must be on the look-out for changes in eating, sleeping and behavior as well as for grimacing, changes in calling out and changes in positioning.

Assessing and Re-assessing Response to Pain Management 17 minutes with input from residents and nursing staff, Dr. Wertheimer guides viewers to both assess and re-assess responses to pain management. Both verbal and non-verbal residents are considered as well as residents with dementia.

Nonpharmacologic Approaches to Pain Management 19 minutes Medication management is not always the answer to pain problems. And sometimes, medications need to be used with other interventions. Residents and staff share with Dr. Wertheimer nonpharmacologic pain management that should be incorporated in all care. Video Press Video $400

Conversations with Glorianne 15 minutes – In realistic, touching ways, this enlightening film shows what an integral role hospice plays in easing the death experience for a family. This video is about a middle-aged woman who lost both her adult son and husband to cancer within months of each other. This film also reveals how important hospice care became to Glorianne and her loved ones. Aquarius Productions, Inc. Video $150

Cops on the Edge 50 minutes – More police officers take their own lives every year than die in the line of duty. Investigative Reports asks, “Has the stress of enforcing the law in the 1990s simply become too much for today’s officers?” In this stark and disturbing exposé, real-life police officers to right to the heart of the matter by talking candidly about the realities of life on the streets. Their stories are graphic, gritty, and impossible to ignore, as they reveal why suicide seems to be the only answer to the pain they endure. Find out the shocking statistics and the possible solutions to this overwhelming national epidemic. http://library.plymouth.edu/read/269362

Correcting Our Elders: The Graying of Our Nation’s Prisons 27 minutes – This video explores the management and program service dilemmas that professionals face as the prison inmate population ages. Featured are the difficulties correctional institutions face in finding increased medical staff, providing for inmates’ daily needs, and resocializing parolees. The work uses face-to-face interviews with inmates and prison personnel to illustrate the problems associated with serving the men and women of this special population. Terra Nova Films

Dax’s Case: Who Should Decide? 58 minutes – This gripping documentary struggles with a profoundly troubling bioethical problem. Under what circumstances does a severely injured patient have the right to refuse treatment? Taking the painful case of Dax Cowart, who in his twenties was critically burned in a propane gas explosion, the film examines the issue from all perspectives. The accident left Dax sightless, helpless, disfigured and in constant pain. From the beginning he insisted that he did not want to live, for it was clear that he would always be severely handicapped. During his long hospitalization he was subjected to excruciatingly painful treatments which he demanded to have terminated. But he was denied the right to make the decision. The film is particularly unique in that it
spans a ten-year period, allowing one the perspective of time. Dax made a great deal of progress over the years. He eventually moved into his own house, started a business and married. Yet he never changed his mind that he should have been allowed to die. We hear the positions of doctors, nurses, family and friends both at the time of the crisis, and again 10 years later. Their views are thoughtful, controversial and conflicting, leaving one to wrestle with the problem of how “Dax’s Case” should have been decided. An outstanding resource to provoke debate about the complex issues that occur in medical decision making. Choice in Dying Publications/Videos V150 Video $89.95

**Cultural Considerations in Death and Dying**  90 minutes – This video explores the importance of culturally sensitive intervention to meet the needs of clients. It presents a panel of experts from various areas in healthcare discussing diverse perspectives on death and explaining the nature of cultural sensitivity. Insight Media 1999/#XAL3115 - $279  [http://www.insight-media.com](http://www.insight-media.com)

**Dead Man Walking**  – Produced by MGM/US Studio, starring Susan Sarandon & Sean Penn. Based on a true story of a nun in Louisiana who becomes the spiritual advisor to a death row inmate awaiting execution for the murder of two young adults.

**Dealing with Death and Dying**  45 minutes – Do you have the confidence you need to care for dying patients and their families? Here’s a practical and insightful video that can help, featuring Joy Ufema, an internationally acclaimed thanatologist. This video, created by the publisher of *Nursing* magazine, is divided into three sections: Your Responsibility to your Patient, Your Responsibility to the Family, and Your Responsibility to Yourself. Topics include: Helping the patient maintain his sense of dignity; How to give the patient a sense of control; Responding to the patient’s special needs; encouraging the patient and his family to share their feelings; how to help the patient work through his fears; recognizing and dealing with unique coping mechanisms; providing the patient with special attention despite a hectic schedule; interacting with doctors; what to do for the family immediately after the patient dies; how to comfort the family member who arrived “too late”; coping with your own feelings of failure and frustration; how to reassure the patient who asks ”why me?” Springhouse Corporation ISBN 0-87434-335-6

**Death**  23 minutes – We talk little of it, although it fascinates us. What is death, and why is it the ultimate destiny of every living organism? This program shows that death is an essential element in the survival of species. Medicine is trying to postpone death and medical progress has required a new definition of death: cerebral death. Finally, the program covers the psychological and social dimensions of death, mourning, and the acceptance of death. Films for the Humanities & Sciences #5606 VHS & DVD $99

**Death: A Love Story**  63 minutes – With painstaking objectivity and deeply felt emotion, this intimate and innovative documentary shows us that life’s greatest gifts can sometimes be found in the seeds of death. This profound film examines the gifts that death offers when we are able to put our fears, confusion, and denial aside and simply sit and listen to our loved ones as the pass. DVD [http://www.harkenprods.com/death_a_love_story.html](http://www.harkenprods.com/death_a_love_story.html)

**Death: A Personal Understanding** 10-Video series: An instructional series on death and dying for college and high school classrooms and adult learners; 10 half-hour video programs and coordinated books. This series explores a wide range of North American cultural perspectives on death including AIDS, death by violence, suicide, assisted suicide, hospice care, end-of-life decision making, and how...
children react to death. Programs include: *What is Death?; The Dying Person; Facing Mortality; The Deathbed; Fear of Death and Dying; Sudden Death; A Child’s Version of Death; Grief and Bereavement; Death Rituals; and The Good Death.* You can view portions on videos online.

Annenberg Media, Now on DVD  http://www.learner.org/resources/series108.html

*Death: An Overview*  50 minutes – This step-by-step program takes the myth and mystery out of the process of dying and death itself, and presents both as biological and clinical realities. An 82-year-old terminally ill patient and those who provide palliative care witness the death process. Cameras also venture behind the closed doors of a mortuary to shed light on the scientific and commercial aspects of death, including body preparation, embalming, and cremation. Films for the Humanities & Sciences #7677 VHS & DVD $169

*Death and Dying*  30 minutes – The experience of death and dying is complicated by cultural attitudes, age, severity of illness or injury, and legal and ethical concerns. This video examines how these issues affect the decision to prolong life through the continuation of medical support. Insight Media

*Death on My Terms: Rights or Privilege* 57 minutes – Cutting to the very essence of human life and dignity, this video explores what may be our biggest fear—how we die. In Death on My Terms, individuals and special interest groups talk candidly about Oregon’s measure 16, a 1994 decision making Oregon the first entity in North America to legalize physician-assisted suicide. In this program, people whose lives are affected by measure 16 offer their medical, religious, legal and very personal perspectives on this controversial issue. This is a very balanced video, presenting lucid arguments both for and against physician-assisted suicide. It will stimulate thoughtful discussion on this difficult and complex issue. Terra Nova Films Video $165; Rental $55

*Death on Request*  57 minutes – This powerful new film from the Netherlands presents the issues of euthanasia from the very human perspective of those involved, without venturing into social, political, or ethical polemics. Following a man who is in the last stages of Lou Gehrig’s disease as he chooses euthanasia to end his suffering, this moving documentary includes his perspective and those of his wife and his physician as it explores the emotional, ethical and medical complexity of this contemporary dilemma. (with English subtitles) Fanlight Productions CR-231 Video $285

*Death to Life* – This powerful film chronicles the two-year period during which Joyce Fulton succumbed from a brain tumor. The director turns the episodes backwards chronologically so that Joyce emerges gradually in better health. It is a sobering look at the round of hospitals, doctors, and waiting games most of us are going to face on our way out this life.
Aquarius Productions, Inc. #BERLIFE Video $195

*Death: The Ultimate Enigman*  53 minutes – Is death a form of transition to a higher plane, mere physical dissolution, or something else altogether? This program delves into the ways in which science and religion have attempted to come to terms with humankind’s ultimate enigma. Topics under consideration include mortality, mourning, eternity, and life itself, which most people hope to prolong at any cost. Films for the Humanities & Sciences #10341 VHS & DVD $99

*Deception*  34 minutes – In a composite case dramatized by actual healthcare professionals, an attending physician and a primary nurse disagree about whether or not to treat their elderly patient’s
latent syphilis without telling her what she has. With the hospital Ethics Committee, they wrestle with the underlying ethical and legal issues. Fanlight Productions CD-034 Video $99

*Defining Life* 26 minutes – What does one do when a terminally ill loved one asks for help in committing suicide? One of the focuses of this film is on the case of Bernard Harper, charged with murder for abetting his terminally ill wife’s suicide. After an emotional trial, Mr. Harper was found innocent. Another focus is the case of Luane who was left in a vegetative state after a car accident in 1954. Her family had never considered “letting her die.” After sixteen years, Luane recovered enough to have her feeding tubes removed and to be able to sit in a wheelchair. Despite her severe physical limitations, she lives each day fully. A third focus is on John, an AIDS victim and his fight for the right to have a “good death.” Also featured in the film is Dr. Jack Kevorkian speaking about his views on euthanasia. Filmmakers Library Video $295, Rental $55

*Depression in Older Adults: The Right to Feel* 30 minutes – Produced by Duke University School of Medicine, this video presents interviews with actual patients who have experienced or are experiencing depression in late life. Commentary from several professionals expands upon the issues brought out in the interviews. Topics include prevalence, causes, treatment modalities, suicide risk, issues for long-term care, and public policy. Terra Nova Films Video $185; Rental $55

*Depression in the Long Term Care Setting* 28 minutes – Discusses the nurses’ role in assessing the patient for depression as well as their involvement in the overall treatment plan. Increases your staff’s ability to spot this under diagnosed disease in any geriatric care setting. Discusses the psychological and medical treatment. Geriatric Video Productions Video $199

*Detecting Cervical Cancer* 24 minutes – This program describes the pap smear, the possibility of a false negative, and the development of cancer without a premalignant phase. It also explains dysplasia and the current methods of treating it, discusses the various human papilloma viruses and their cancer link, explains the treatment for cervical cancer, and stresses the importance of regular gynecological exams. Films for the Humanities & Sciences #4417 VHS & DVD $99


*Diagnosis: Cancer* 28 minutes – Cancer is a constellation of more than 200 different diseases linked by a common characteristic: the abnormal growth of aberrant cells within the body. Although cancer is the second leading cause of death in the United States, many cancers can be cured, especially if detected early. Aquarius Productions, Inc. #INTDIAGNOSI $99

*Difficult Conversations in Pediatric Palliative Care* 68 minutes – A series of scenarios involving end-of-life conversations between practitioners and children/families. This three-part video introduces an innovative educational approach for developing clinicians' communication and relational skills. $229 Link: [http://www.ippcweb.org/video.asp](http://www.ippcweb.org/video.asp)

*Discovery Health Channel (Nurse Video 5- part Series)* – Topics include Pediatrics, Critical Care, Battling for Babies (neonatal), Touch of Mercy (oncology) and Nursing the Mind (psychiatry). (800) 475-6636 $4.95 each [http://health.discovery.com/](http://health.discovery.com/)
Discussing Advance Directives: A Practical Guide 25 minutes – This video teaches how to help patients make important decisions about dying. Medical professionals present a practical method for facilitating doctor/patient discussions about such advance directives as health-care proxies and living wills. Insight Media NS1313 Video $199

Don’t Kill Yourself: One Survivor’s Message 23 minutes – This is the story of a young man, David, who, at 16 years of age, survived a suicide attempt. Now 22, he shares the events of his life leading up to the attempt, including how low self-esteem led to drug addiction, and how the addiction encouraged the sense that life was no longer worth living. David goes on to describe the suicide attempt, his recovery from addiction, and how he has since changed his life. Films for the Humanities & Sciences BKU7652 Video $89.95

Dreams & Dilemmas 58 minutes – Advances in neonatal medicine have dramatically improved the survival chances of premature infants, yet survival can come at a high cost. Many such infants experience severe and often life-threatening health problems, and their parents and caregivers may confront enormously difficult and troubling decisions. This compelling documentary follows one couple and their premature twin sons over the course of six months in the neonatal intensive Care unit. Without narration or preaching, it allows viewers to experience and share in the dilemmas confronted by parents and by their nurses, physicians, social worker and hospital chaplain. Fanlight Productions ISBN 1-57295-251-2, Order No. CT-251 Video $245

Driving to Utopia 29 minutes – Driving to the nearby town of Utopia, TX, was all Pauline thought she would ever seek to do. Her aspirations after widowhood, however, continue to grow, as do those of Elena and Emily, the other women who share their reflections on widowhood in this entertaining and informative video. Together, this trio of strong older women paints a portrait of coping and of survival of the heart. The three women draw upon their memories to explain to viewers their initial expectations of retirement, the painful and sudden loss of their husbands, and the means by which they have triumphed over their isolation to develop new, self-sufficient lives. Aquarius Productions, Inc. Video $175, Rental $50

During Life 10 minutes – The journey of soul discovery consists in cultivating a moment-to-moment awareness that we are more than our physical body and personality. This film explores how we can cultivate soul-receptivity all throughout life, and offers a universal method of directly experiencing of the soul. Aquarius Productions, Inc. #ENDPREPARE $99

Dying 97 minutes – Dying is a personal, profound and poignant memoir of three terminally ill cancer patients and how they faced their deaths. Sally, a 46-year-old with brain cancer, comes home to her mother’s house to die. In a rare study of shared grief, the elderly mother and the dying daughter are connected by the daily tasks of caretaking. The middle story is about Bill, dying in her early 30’s, and his wife, Harriet. Bill is stoic, but his wife rages against her fate of being left alone with their two growing children. The third is the story of Rev. Bryant, a thin black preacher whose unassuming manner shows his courage as his life slides to and end. On learning he has no chance of a cure, he preaches a sermon on dying, returns south with his family for one last look around, and at the end, with grandchildren playing at his bedside, dies with dignity. This film shows how each human being lives and dies as an individual, with deep personal needs and attitudes. It will sensitize health care professionals and counselors to the human factors that mitigate the anguish of both the patients and those who care for them. Filmmakers Library Video $295, Rental $75
Dying to Be Heard... Is Anybody Listening 25 minutes – This program offers specific advice on how to recognize teens in danger of committing suicide and successfully intervene. It talks to teens who have attempted suicide about their reasons for trying and about their lives after treatment, and profiles a Texas community that banded together to stop a rash of teen suicides. Films for the Humanities & Sciences #2385 VHS & DVD $99

Dying with Dignity: The Sun City Choice 12 minutes – In this program, NewsHour correspondent Susan Dentzer reports on the life and death in Sun City, AZ, a vibrant retirement community where hospice is the preferred form of end-of-life care. Dartmouth Medical School’s John Wennberg and others consider the desire of many senior citizens with terminal illnesses to make peace with death rather than fight it. They also confront the fact that statistics show no direct correlation between costly ICU interventions and patient longevity. As America’s elderly population doubles over the next 35 years, will more seniors opt for meeting the end in the Sun City way? Films for the Humanities & Sciences #10735 VHS & DVD $79

Effective Pain Management Practices – A series of seven videos designed to teach pain management skills for home health care organizations. The Resource Center of the American Alliance of Cancer Pain Initiatives • 1300 University Ave., Rm. 4720 MSC • Madison, WI 53706 • (603) 262-0978 • http://trc.wisc.edu/items.asp?itemID=106

Encounters With Grief – A mother who lost her teenage son, a woman widowed in her sixties, and a man whose wife died at 52 discuss the upheaval that followed and offer moving perspectives on recovery. Fanlight Productions ISBN 1-57295-091-9; CT-091

End of Life: In Comfort & Care 30 minutes – Patients and their treatment teams explain decisions they made about their future care and the positive results from talking about end-of-life issues with family members. Doctors, nurses and the patients present their reasons for accepting mortality and receiving hospice care, rather than prolonged chemotherapy or hospitalization. Aquarius Productions, Inc. #ENDEOL $150

End of Life: Patients Facing Death 48 minutes – All through medical school, internship, and residency, doctors are trained to be healers. What can they contribute to the care of patients whose illnesses are beyond their help? This ABC News program examines the crusading efforts of oncologist Dr. Michael Carducci (Johns Hopkins Medicine) to create an exemplary program of palliative care for people with terminal conditions. The importance of supporting patients and their families in the making of sound end-of-life decisions is stressed. Films for the Humanities & Sciences VHS & DVD $169

End of Life 35 minutes – This program examines nursing care at the end of life, addressing palliative care, spiritual and supportive aspects of care, advance care planning, and advance directives. It guides caregivers through the process of encouraging patients to focus on living while acknowledging their mortality. Insight Media #XAL6864 - $199 http://www.insight-media.com

ENDNOTES A Model for Palliative Care 51 minutes – Under the leadership of Balfour Mount, MD, pioneer in the field of palliative care, the Royal Victoria Hospital engages the entire staff in the complex task of meeting the physical as well as emotional needs of its patients. We get to know the caregivers and how they are affected by their work with the dying. Creating a sense of normalcy, the staff brings pleasures from the outside world in. Musicians, pets, and celebrations enrich daily life, and

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the warm atmosphere allows family members and friends to interact naturally with their loved ones. Filmmakers Library Video $295, Rental $75

Ethical Dilemmas and Decision Making 25 minutes – This video teaches principles for making ethical decisions and uses case examples to show how to apply these principles in nursing practice. Insight Media NU839 Video $149

Evan Mayday’s Good Death 32 minutes – A highly emotional, educational, life-affirming documentary of how one team and one family confronted these painful and difficult issues. They all worked together to rise above their own issues, concerns, and fears so that they could collectively grant a dying patient’s last request. DVD/29 min/2006 and accompanying CD with Instructor Guidelines and additional resources. $150.00 including domestic shipping. International shipping and/or overnight delivery extra. University of Michigan. Link: http://www.med.umich.edu/nursing/EndOfLife/mayday.htm

Expanding Care: Spiritual Needs 20 minutes For the terminally ill patient, diminishing physical well-being may be paralleled with increasing spiritual needs and awareness. This program will enable health professionals to expand care in the final days to include acceptance of this need by being honest, supportive and taking time to listen. Video Press Video $300, Rental $100

Facing Death 24 minutes – In this video, Gordon Lang confronts his own mortality when he is diagnosed with cancer. Gordon discusses his emotions, hopes and fears, as he contemplates his own life’s journey and its imminent conclusion. Films for the Humanities & Sciences #8499 VHS & DVD $99

Facing Death: Part I 2-video set 33 minutes – This extremely helpful, sensitive video shares the thoughts, experiences, and suggestions of highly articulate patients, caregivers, hospice professionals, physicians and social workers. Designed to calm all viewers. Helps the terminally ill and their caregivers know what to expect and how to comfort each other. Facing Death: Part II 17 minutes The decisions that have been made and the details that have to be handled near the end of life can be confusing and overwhelming. This video highlights key topics clearly and directly. An exceptional nurse-attorney explains the various legal instruments that can ensure that a patient’s wishes are clear and can be followed. Also covers organ donation, bills and insurance, and funeral planning. Aquarius Productions, Inc. Video $99/set

Families and Health: A Child’s Voice 22 minutes – A moving documentary about children communicating their concerns over a family health condition – be it their own, a sibling or parent. These children talk openly about conditions such as HIV, diabetes, asthma and cancer and how they affect them at home, the hospital and school. Aquarius Productions, Inc. CHIFAMILIES $125

Family Caregivers 28 minutes – Caring for a seriously ill family member can be both rewarding and incredibly stressful. This film explores the roles the family caregivers play, and points out ways that professionals can provide the most effective support. Whether dealing with Alzheimer’s, Down Syndrome, or Multiple Sclerosis, spouses and parents have risen to the demands of becoming the support for their families. We learn how we can offer our support to these extraordinary people. Aquarius Productions, Inc. Video $149

Final Blessing 52 minutes – Final Blessing examines the spiritual dimensions in the lives of the terminally ill. Rather than turning away from the unavoidable sadness in these stories, viewers will be
left inspired, uplifted, and even consoled by the patients’ end-of-life discoveries for the potential for peace and healing. Final Blessing is a program about uncovering a place within the soul to begin to understand suffering on a different level and to look forward to what lies beyond. US Catholic Conference, Publishing Services ISBN 1-57455-168-X Mem. $17.97 Non-mem. $29.95

**Final Chapter** – In recent years, the hospice movement has provided valuable assistance for many dying persons and their families. Because the death of a loved one can have significant health consequences for family and friends, the support provided by familial and social networks plays an extremely important role in easing the pain of separation and loss. Aquarius Productions, Inc. #INTFINAL Video $99

**Final Rest** 25 minutes – This unusual film takes us to the Beecher Funeral Home in upstate NY, where Dick Hazzard, his son, and their staff lead us step by step through the process of arranging for one person’s final rest. By juxtaposing the mundane business details if funeral preparations with the unfathomable nature of death, the film strikes an anxious chord in even the staunchest among us. It challenges us to question our fears in contemplating death from close-up, while it implicitly raises questions on our attitudes towards death. Filmmakers Library Video $295, Rental, $55

**Financial Management During Crisis** 24 minutes – The financial impact can be disastrous: unpaid bills, loss of savings, and damaged credit. In this video you’ll learn from health care providers, utility and credit companies, and families like yours how to successfully manage your insurance, work with creditors, establish a workable budget, and find outside help. Aquarius Productions, Inc. #ILLFINANCIA $140

**First Do No Harm: Total Patient Care for Intersex** 20 minutes – ‘Intersex’ describes conditions in which a person is born with mixed or ambiguous sexual anatomy. The traditional standard of care has called for ‘normal’ gender identify to be ‘assigned’ through genital plastic surgery in infancy or childhood. Many patients over the years have been subjected to multiple surgeries without either they or their parents fully understanding what is going on. Over the past decade, new medical evidence and advances in healthcare ethics have led to calls for a new approach. Fanlight Productions CD-368 Video $149

**Footprints on our Hearts** – How to cope after a miscarriage, stillbirth or newborn death experience. Paraclete Press Video $39.95

**Full Circle** 29 minutes – A documentary about a 50-year-old daughter who brings her terminally ill, 90-year-old mother into her home so that she can care for her in the last months of her life. Told by the daughter and filmed by her husband, the mother’s life and death are dealt with compassionately and realistically. The video raises important questions about personal autonomy, as well as what constitutes a “good death.” This film leaves the viewer with a better understanding of the potential for a deeper relationship between caregivers and their loved ones. Terra Nova Films Video $165, Rental $50

**Gerardo: Home Care and Community Nursing** 30 minutes – Through the story of one young visiting nurse and her elderly patient, this challenging video will help to stimulate discussion about a wide range of ethical and professional dilemmas faced by nurses working in home care settings. Torn between protecting Gerardo’s autonomy or his safety, Alison also confronts questions about the boundaries of her professional role, and of her responsibilities to her patient, to the patient’s family, to her employer,
and to the public. This is an engrossing exploration of some of the realities of home care work, as experienced by a skilled and compassionate professional. Fanlight Productions CD-385 Video $229

**Getting Well Again** 38 minutes – Through nature’s example of harmony and balance, you will embark upon a soul-illuminating journey for rediscovering wellness, happiness and inner peace. Your guideposts are a series of inspirational visual affirmations overlaid upon a wondrous canvas of natural scenery and complemented by a deeply moving soundtrack designed to resonate with your soul. Award-winning phenomenal nature imagery showcasing the beauty and serenity of the Garden Isle of Kauai. Aquarius Productions, Inc. #ONCWELL $90

**Giving Bad News: Insights for Medical Practitioners** 30 minutes – The way a professional medical staff delivers test or examination results has a huge impact on how a patient or a patient’s family copes with them. What happens, then, if news of a serious condition is delivered over the phone? In a letter? Or even via an answering machine? Drawing on input from actual patients and a variety of healthcare and counseling professionals, this program identifies why such information is sometimes given in an impersonal or detached manner. It suggests approaches to compassionate news delivery; and acknowledges that even under the best of circumstances giving bad news is hard for all concerned. Films for the Humanities & Sciences #10042 VHS & DVD $99

**Grandparents Raising Grandchildren** 30 minutes – Many grandparents across the country, regardless of income, background or race, are picking up the responsibility of raising a grandchild or grandchildren who have lost their parents to death, drugs, or prison. This video explores this newly emerging social issue by sharing the stories of four grandparents who are raising their grandchildren. Terra Nova Films.

**Grave Words: Tools for Discussing End of Life Choices** 25 minutes – Talking with patients about end-of-life care decisions is a challenge for many physicians and health care providers. Produced by a physician, this video takes a unique approach to this topic by blending humor, music, and insightful interviews to confront the issues that arise in these discussions. Nationally recognized experts offer their counsel in dealing with these issues and a reenacted “ideal conversation” between a physician and a terminally ill patient provides a model for doctors in carrying out these conversations in their own practices. Fanlight Productions ISBN 1-57295-224-5; CR-224 Video $195

**Grief in America** 55 minutes – This video takes an honest and comprehensive look at how our culture deals with loss in all its forms. Across the widest possible range of ages, ethnic and religious identifications, and types of loss, it explores how people in our society cope with death and bereavement. Narrated by Anthony Edwards, Grief in America grew out of filmmaker Bert Atkinson’s won search for healing after a personal loss. In creating the film, he interviews a number of nationally recognized authorities on the grieving process who examine some common myths about grieving, the importance of social supports, the impact of ethnic traditions regarding grief, and the social costs of unresolved grieving. Through the subjects’ narratives, viewers glimpse multiple experiences of loss, both from anticipated causes (progressive disease) as well as unexpected causes including heart attack, murder and suicide. Fanlight Productions DD-245 Video $245, Rental $50/day

**Grief, Loss and Older Adults** 20 minutes – In this video the impact of loss of personal possessions, health and sensory systems on the older adults is discussed. The importance of career, life-long interests, relationships with family/friends/pets and the effects of cumulative losses in their relation to
the grief process are discussed. This video was designed to help health care workers develop sensitivity to these issues as they relate to the elderly in their daily care. Geriatric Video Productions Video $149

Grieving and Healing 67 minutes – In this inspiring film, we witness the intimate interchanges between a mother, who lost her two-year-old son to cancer, and four professionals in the field of bereavement. This video covers universal bereavement issues including children, spouse, sibling and parental loss, and the impact that grief and loss have on relationships. Aquarius Productions, Inc. Video $125

Grieving: Suddenly Alone 26 minutes – A convincing dramatization of the course of grief that follows death. A widow expresses typical reactions of shock, denial, guilt, anger, depression and acceptance. With understanding support, she eventually reorders her life. Terra Nova Films Video $129; Rental $35

Grown-Up Tears: Adults Grieving the Death of a Parent – Losing a parent can be one of the most difficult and painful times in our lives, regardless of how old we are. Through the eyes and experiences of seven individuals and three professionals, Grown-Up Tears explores how adults feel about—and cope with—the loss of a parent. The participants discuss the important transformation they experienced in their relationships with their family and friends and the new definition of themselves that developed during the grieving and healing process. This unique video provides a powerful educational tool for those who work in hospice, medical or nursing schools, the clergy, bereavement counseling, funeral homes, hospitals and mental health centers. Divided into five segments, the video is easy to present in part or as a whole for training sessions, bereavement groups, workshops, and classroom settings: 1) Letting Go of Love… Our Stories; 2) Relationships… Family and Friends; 3) Growing… On Your Own; 4) The Open Circle; 5) Letters from Home. Aquarius Productions, Inc. Video $225

Harbor of Hope 37 minutes – This video enriches the spirit, gives a new infusion of energy and gets people thinking about what the difference is between “being healed and being cured.” Special insights are shared by professionals: Niro Markoff, Assistant, Joan Borysenko, PhD, and Chris Northurp, MD. The seven people interviewed in the video share some very touching moments about their belief systems, hope and healing. Aquarius Productions, Inc. Video $225

Harriett’s People 22 minutes – Meet nurses, nursing assistants and a physician who team together to provide the best possible care to residents in a nursing home during the final months and days. You’ll see nursing staff who take the time to listen, who empathize with loss, and who can bring smiles to residents’ faces. Nursing staffs talk about the rewards of being with people and supporting them with companionship and love at the end of life. Video Press Video $150; Rental $75

Healing and Dying: An Interview with Stephen Levine 32 minutes – Wise and transformational, Stephen Levine speaks clearly and simply to the deepest truths within us in a way that releases understanding into the peaceful wisdom of us all. Mr. Levine is a Buddhist, healer, and author who is clearly one of today’s most inspiring teachers on death, dying, and healing. Aquarius Productions, Inc. Video $90

Healing and the Mind (5 videos) - 330 minutes total – Bill Moyers explores alternative therapies and the clinical evidence supporting them. Acupuncture, massage, herbal techniques, biofeedback, meditation, and group therapy are considered. Moyers examines the role of emotions in health and how
hospitals in America are responding to evidence that compassion makes patients feel better. Insight Media NS1199 Video Set $395

*Healing Arts*  28 minutes  – Today, increasingly, the arts are being studied to explore whether they can improve health in specific ways. Studies have shown, for example, that the arts can reduce pain, improve the health of pre-term babies, decrease the severity of headaches, and improve the speech of people who have had strokes. This video looks at the arts and health and profiles several programs that integrate art into healing. Fanlight Productions CR-217 Video $149

*Help Me Die*  48 minutes  – Exploring the bitterly controversial subject of euthanasia, Help Me Die probes the ethical issues involved when loved ones, who are terminally ill, ask a physician or family member for assistance in ending their life. It profiles individuals who want to end their pain through suicide, as well as others who seek pain relief through medication, or through hospice programs which will permit them to die with dignity. This documentary invites us all to examine more closely our conceptions of personal rights and responsibilities. Fanlight Productions ISBN 1-57295-075-7; CR-075 Video $195

*Helping to Control Cancer Pain* – Designed to alleviate patient’s concerns about cancer pain, this video focuses on teaching patients how to communicate their pain to health care providers. Purdue Frederick Co. • 100 Connecticut Ave. • Norwalk, CT 06850-3590 • (203) 853-0123 • Fax: (203) 838-1576 • [http://www.partnersagainstpain.com](http://www.partnersagainstpain.com)

*Herbal Remedies: A Matter of Safety*  16 minutes  – Herbal medicine has grown into a multimillion-dollar industry, as more and more customers demand natural products. But how safe are these natural remedies? Should manufacturers be required to list maximum doses and possible side effects? This program addresses this issue, and investigates how some manufacturers are deceiving the public by neither testing what they sell nor selling what they advertise. Films for the Humanities & Sciences #7595 VHS & DVD $149

*Here For A Brief Moment*  – Here For a Brief Moment interviews five individuals who are living with a life-threatening illness. Affirming the importance of living with illness, these personal, heartwarming stories show how the advantages of living in the present moment can create wonderful possibilities for the future. This video is recommended for individuals interested in how personal testimonies of people living with life-threatening illnesses can teach all of us that, through realizing our own mortality, all of us have the potential to make it our mission in life to change the world for the betterment of ourselves and others. Aquarius Productions, Inc. Video $225.00

*Hospice Care: Compassion, Quality, Value*  10 minutes  – An excellent outreach tool to managed care organizations, this video is an effective way to explain both the nature and benefits of hospice. This two-part presentation begins with a video that follows the last days of a cancer patient. In examining her interaction with the hospice team, the video helps viewers understand hospice’s comprehensive approach to treating a patient’s physical, spiritual and psychosocial needs; its interdisciplinary approach to care; and its cost-effectiveness. The second half of the presentation consists of a slide series and accompanying presenter’s guide that can be used to provide further insight into hospice. National Hospice Organization B713446 Video Member $59.95; Non-members $99.95
Hospice: A Shared Experience 23 minutes – The most telling moments in this exceptional video come when actual hospice patients and their loved ones share their thoughts about how rewarding the hospice experience has been. With their input, along with commentary from hospice experts, viewers learn about the peace, dignity and freedom from pain that are at the heart of the hospice philosophy. The video talks about the control hospice lets patients regain and about the dedication of the hospice team members, from family to nurses to volunteers. This convincing and affecting presentation will give everyone a valuable perspective on hospice. National Hospice Organization B711184 Video Member $33.00 Non-members $47.25

How I Coped When Mommy Died 26 minutes – This inspiring video was created by 13 year old Brett Hardy Blake, after losing his mother to breast cancer when he was 10. With mature insight and engaging humor, he takes the viewer on a personal journey through several years of his life, while original music, animated video sequences, photographs and artwork illustrate the teenager’s experiences, thoughts, and feelings. This is important viewing for anyone who has had to deal with a loss – and for anyone caring for or supporting someone who is grieving a death, divorce or other personal tragedy. It will be especially valuable for older children and teens, but the filmmakers recommend that adults discuss the content with young people before watching. Viewer’s Guide included. Fanlight Productions CD-312 Video $199

HOW TO SAY GOOD-BYE 3-tape series – Caring for older individuals, family, friends and caregivers need to realize the distance to the end is unpredictable, and must prepare to accept the process of dying. Being an Adult Child 24 minutes As people become involved with a parent in the final stage of life, this may be a first-time experience with death. Although it is extremely difficult to say good-bye to a family member, there are certain things, which can be done to make this emotional time a positive time to share love. Being a Professional Caregiver 24 minutes Topics include: accepting death as the final stage of life; accepting families’ decisions on treatment or treatment limitations; knowing how to talk to a person who is terminally ill; knowing how to facilitate conversation between the patient and patent’s family; sharing family concerns with the health care team; minimizing family stress; dealing with emotional issues of saying good-bye; and finding support at work. Saying Good-bye 24 minutes Dr. Wertheimer helps the family identify ways in which they can contribute to a good ending, helping them to learn to say good-bye Video Press 3-Tape Series $400, Video $150 each, Rental $75 each

How We Die 90 minutes – This video uses a discussion group format with three highly respected physicians to discuss issues of death, dying and palliative care, with particular attention to how those issues impact physicians. The moderator and call-in questioners raise issues including dignified death; how doctors feel about shifting focus from cure to comfort; the physician’s role in team-approach care; how to community with patients about dying; spirituality; and attitudes about dying. National Hospice Organization B712950 Video $50.00

I Am a Rose: A Bereaved Father’s Journey 40 minutes – After Stacy Levitt is killed in a tragic accident, her father ventures on a journey (both physical & spiritual) which helps him with his deep loss. One year after she died, Stacey’s dad, Ned, found himself climbing Mt. Ixta near Mexico City. Shot on location in Mexico and in Toronto, I am a Rose offers an inspiring perspective on the universal experience of grief. Aquarius Productions, Inc. #BERROSE $195
I Got My Life Back – This video tells about how pain affected patients’ lives.
Purdue Frederick Co. • 100 Connecticut Ave. • Norwalk, CT 06850-3590 • (203) 853-0123 • Fax: (203) 838-1576 • http://www.partnersagainstpain.com

I Want to Die At Home 46 minutes – Divorced and living apart from her grown children, Elizabeth discovered she had terminal cancer. Her wish was to die in the familiar surroundings of home, close to the people she loved. Loyal friends and family shared in her care and steadfastly kept her company throughout this critical period. They alternated shifts so that she would never be without a comforter. Elizabeth’s choice to die at home helped mitigate the pain of her untimely death for her survivors. They gave Elizabeth the gift of time and love when she needed it most. Filmmakers Library Video $195, Rental $65

In Our Midst 56 minutes – Each year, the lives of thousands of premature newborns are saved by neonatal intensive care. The press and broadcast media celebrate these “miracle babies”. But what is life like for the children, who often leave the neonatal intensive care unit (NICU) with multiple medical problems and developmental challenges? What is life like for their families? Filmmaker Richard Kahn spent almost a year following one such family. Capturing the family’s extraordinary mutual devotion as well as the burdens of an unending regimen of care, In Our Midst provides a glimpse into the little explored impact of modern medical technology. Fanlight Productions CD-356 Video $229

In Sickness or in Health 33 minutes – A video addressing issues of health care decision making in long term care. Produced in three versions—one for residents, one for families and one for staff—the video features two nursing home residents. The first is fully capable of making her own health care decisions while the second can no longer make such decisions for herself. With narration by nationally known attorney/ethicist Nancy Dubler, who explains the ethical and legal implications, the video demonstrates how ethics committees can help in resolving dilemmas in health care decision making. Choice in Dying V140 Video $89.95

In the Gloaming – HBO film Directed by Christopher Reeves, Starring Glen Close, Bridget Fonda, Whoopi Goldberg. A story of a young man diagnosed with AIDS who has come home to die. HBO • Division of Time Warner Entertainment Co. • ISBN #: 0-7831-0964-4 • http://www.hbo.com

In Your Hands: The Tools for Preserving Personal Autonomy 19 minutes – Narrated by Helen Hayes, this video shows how to use four legal tools to preserve personal autonomy: durable powers of attorney, medical powers of attorney, living wills, and trusts. The video was re-edited after Ms. Hayes’ death to include a poignant and deep-felt message from her son about the importance a living will had for her family at the time of her death. Terra Nova Films Video $79, Rental $35

Inner Views of Grief 30 minutes – In this compelling video, five young adults from ages 14 to 26 discuss their reactions to the sudden, sometimes violent death of a parent, sibling or friend. These insightful young women and men talk about what helped them at the time of death, how family relationships changed, how they have coped with their feelings, and the ways they have commemorated the deceased. An excellent teaching tool for mental health professionals, teachers, school crisis teams, hospice workers, clergy, funeral directors, parents and bereaved individuals of all ages. Fanlight Productions ISBN 1-57295-161-3; CQ-161 Video $195
Invasive Treatments in the Geriatric Patient: Considerations for Initiation & Care 15 minutes – Discusses guidelines for nursing care and initiation of invasive treatments such as various feeding tubes, intravenous lines, and oxygen therapy. Addresses the reasons for patient interference with their treatments as well as the individualized patient assessment as an important tool in minimizing interference. Guides you away from physical and chemical restraints. The ethical issues regarding the benefits and burdens of invasive treatments are discussed. Focuses on alternative treatments. Geriatric Video Productions Video $199

Is There a Right to Die? 18 minutes – This video discusses philosophical and legal issues associated with prolonging life through the use of mechanical aids. It considers who should decide to prolong life or to remove life support. The controversy surrounding Jack Kevorkian, the doctor who helps chronically ill people commit suicide is also presented. Insight Media NS423 Video $139

Is This Life Worth Living? 30 minutes – This documentary explores the ethical issues involved in sustaining life of severely brain damaged or comatose patients. It explores the plight of a woman who fought a legal battle for permission to remove her husband’s feeding after he lapsed into a vegetative state. We also meet a family who is emotionally and financially exhausted from caring for their 12-year-old son who has been on life-support since birth. Our society is reluctantly recognizing that a mentally competent person should be allowed to refuse life-lengthening measures. Who should make that decision when the individual is mentally incompetent? Filmmakers, Inc. Video $195, Rental $55

JOURNEY OF HOPE 4-video series – A four video series, Journey of Hope is an award-winning TV documentary created to help adults teach children about death sensitively, caring, and honestly. The series • examines the effects of a childhood loss on the cognitive and emotional functions • explains how to find that “teachable moment” • looks at how funerals can help children • examines the important role of siblings • explains the importance of memorial events, books, journals, and photos • raises the important questions that must be asked when a child or teen is at risk of suicide • examines the impact of childhood loss through violence or alcohol abuse.

The Dying Child 30 minutes - Examines the issues facing the dying child, his/her parents and siblings, and the support systems available, including the hospice movement.

The Bereaved Child 30 minutes -Focuses on children and the “forgotten griever” and the danger of not responding appropriately to those who lose someone close to them at an early age. The second half of this program examines children who are bereaved through violence.

Death Education 30 minutes Examines the way parents and teachers can work together to educate children about death and the grief process. The second half of this program is dedicated to the issues surrounding suicide, particularly teen suicide.

Quest for Meaning 30 minutes Examines the way children view death and how they and their families find meaning in death. King’s College Video: (Canadian) $39.95 each; $119.95 set

Journey Through The Shadows: How to Help Those you Care for When Suicide Occurs 35 minutes – Suicide is an earth shattering experience the suddenness, the inability to explain why our loved one chose to end his or her life. This film offers hope to those whose lives have been shattered by suicide. Through interviews with counselors and survivors, the video deals honestly with issues unique to grieving a loss by suicide, such as anger at the person who took his or her life and guilt about not having been able to prevent the tragedy. This film emphasizes the importance of seeking support, so survivors know they are not alone and that they can eventually go on to lead fulfilling lives. Aquarius Productions, Inc. #BERJOURNEY $90
Just Kids  26 minutes – The four adolescent cancer victims in this film are incredibly inspiring. Living with terminal illness, they have faced death and have been transformed by their experience. Through their eyes and words, we learn about the spirit that enables them to fight, to endure, and above all, to celebrate life. Filmmakers Library Video $195, Rental $55

Laughing Matters  30 minutes – Designed to help you see the humor in life while you learn important points about managing stress and putting unpleasant events in their proper perspective. Our three experts, Dr. Robert Eliot, the author who coined the phrase, "Don't sweat the small stuff...it's all small stuff," Steve Allen, Jr., M.D., son of comedian Steve Allen, and Loretta LaRoche, star of her own PBS special, "The Joy of Stress" teaches you. As Loretta LaRoche puts it, "You are a joke but you just don't get it." After watching this video you will. Hosted by Stuart McCalley, M.D., an Assistant Clinical Professor at the Yale University School of Medicine. AudioVision Video $99 http://www.stressstop.com/

Laughter Therapy  – Four Candid Camera videos are mailed to the patient. When the first video is returned, the second is sent. The process continues until all four videos have been viewed and returned. Laughter Therapy (funded by Allen Funt) • Candid Camera, Inc. • PO Box 827 • Monterey, CA 93942 • http://candidcamera.com

Learning About Dying: Death, the Final Stage of Growth  20 minutes – This program provides a philosophical appreciation for the scope of human existence from birth to death, emphasizing that death is the natural ending to life. Insight Media $179 http://www.insight-media.com

Less Pain, More Love  30 minutes – This video teaches parents and child caregivers what it means to help children through an illness or an injury. Children are totally dependent upon adults to protect them from pain. If you are a parent, do you really understand what it means to advocate for your child? This video offers the viewer the experiences and wisdom of parents and professionals from some of the world’s most well known pediatric institutions. Aquarius Productions, Inc. #CHILESS $79

Letting Go: A Hospice Journey  90 minutes – For terminally ill patients and their families, hospice can provide an opportunity to find comfort, companionship, and peace in the weeks, days, hours, and moments before death. Taking an intimate look at three patients—an eight-year-old boy with an incurable brain disease, a 46-year-old woman with lung cancer, and a 62-year-old man with an inoperable brain tumor—this program shows how hospice care helps them cope with fear and pain in the final stages of their lives, and prepares loved ones for their imminent loss. In addition to extensive footage of the hospice patients and their families, the program sheds light on the decision-making process of the doctors, nurses, chaplains, social workers, and volunteers involved in the hospice. Films for the Humanities & Sciences #6284 DVD $169

Leukemia  19 minutes – This program explains how this cancer spreads through the body. It distinguishes between acute and chronic leukemia; covers the history of leukemia treatments from chemotherapy through the combination of chemotherapy and radiation, to bone marrow transplants and new devices and techniques for diagnosing and treating the illness; explains that more than half of today’s young leukemia patients will be cured; and shows how a patient copes with chronic leukemia. Films for the Humanities #7753 VHS & DVD $99
Life Support Decisions  50 minutes – This important video will help elders, their families, and the professionals who work with them to understand their rights and options regarding life-support technologies and end-of-life care and decision making. Its discussion of the many issues involved in preparing Advance Directives encourages everyone to consider these questions, and to communicate their wishes to their loved ones and caregivers before becoming ill or hospitalized. Fanlight Productions CR-183 Video $195

Life, Death & Baseball  58 minutes – Filmmaker Marilyn Levine’s sister died of cancer at the age of seventeen. Only as an adult about to have her first child, does Marilyn explore her past to see how this early loss affected her life, as well as the lives of other family members. The prospect of becoming a mother intensifies her anxiety about losing a loved one. A conversation with a physician friend who survived breast cancer giver her further insight into the mind set of facing death. Gentle yet probing this film combines humor, poignancy and warmth in telling its story Filmmakers Library Video $295, Rental $75

Light Among the Shadows: Hope for Healing  20 minutes – A suicide occurs every 15 minutes in the US, and the families of those who commit suicide need our support and compassion. This film provides help for those seeking to reach out to someone grieving a death by suicide. Most people feel inadequate in the face of death, especially a suicide, and want to know, “Should I go see them or not?” “What should I say?” “How can I help?” These and other questions are addressed by professionals and survivors as they share what they have found most supportive. Aquarius Productions, Inc. BERLIGHT $90

Live and Let Go – An American Death  56 minutes – Assisted suicide, and an individual’s right to choose death with dignity, are being hotly debated today. Live and Let go offers a powerful and provocative context for such discussions. Discussion leaders should be aware that the scene in which Sam takes his life, using sedative drugs in a method advocated by the Hemlock Society, is quite peaceful but may be difficult for some viewers to watch. Fanlight Productions CD-381 Video $199

Living and Dying  30 minutes – This program focuses on the stages of adjustment to death as proposed by Elisabeth Kubler-Ross. It discusses the benefits of a will or advanced directive and explore how culture and religion profoundly influence how people cope with their own mortality and how their families grieve. VHS/2003/#36AL6178 - $129

Living and Laughing with Cancer  40 minutes – Outfitted with only radical surgery and his keen sense of humor, internationally known comedian, Dave Fitzgerald, not only survived cancer, he endured his ordeal with a smile! Join the hundreds of audiences that have learned how Dave achieved his complete recovery. The many magical events in this story will help you, or someone you love, capture the power and the spirit to write your own recovery prescription. Aquarius Productions, Inc. Video $99

Living Fully Until Death  29 minutes – Most people today die as a result of a chronic disease. Many will know the cause of their death for some time prior to dying, causing a great deal of stress and turmoil for both themselves and their families. This program offers the inspirational tales of three people who find new meaning in life and the courage to deal with the challenge of living fully after learning they have a terminal illness. Features in the program are the late Morrie Schwartz, a Brandeis University professor diagnosed with Lou Gehrig’s disease (ALS); Shirley Waring, a mother of four adult children, who has leukemia; and William Meyer, who has lung cancer. Each has struggled in her
or her own unique way to try to find personal control, to plan for the unknown, and to find a place for spirituality. As Morrie Schwartz notes, “Learning to die is also learning how to live.” Films for the Humanities & Sciences #6035 VHS & DVD $99

*Living with AIDS* 28 minutes – Most of us link death with AIDS, but the fact is that most people who have HIV or AIDS live for many years with the disease. This program profiles several people with the HIV virus over the course of two years and examines the issues they face - issues of medication, handling the emotional ups and downs, dealing with family members, paying for medical care, and dealing with guilt. Profiled are a 25-year-old former drug abuser and her infected baby, currently “adopted” by a family to help care for the two; a 29-year-old female victim of sexual abuse; a musical composer and performer, and a steer wrestler. In addition to exploring traditional medical care, the program also examines alternative therapies and social support systems. Films for the Humanities & Sciences #5333 VHS & DVD $99

*Living with AIDS: An Occasion of Grace* 30 minutes – This video demonstrates how individuals can make a difference in healing the physical, emotional, and spiritual scars brought on by the AIDS epidemic. USCC Publishing Services 031-1 Video: Member $11.97; Non-members $19.95

*Living With Cancer* 28 minutes – Not long ago, people with cancer had few treatment options. Today, advances in technology and scientific research have increased the number of effective treatment approaches. Biomodulation, gene therapy, and angiogenesis-inhibiting drugs are now becoming partners with the more traditional forms of treatment. Surviving the physical ravages of cancer, however, is only part of the battle. Cancer exacts a psychological, social, and spiritual toll as well. Aquarius Productions, Inc. #INTLIVING $99

*Living with Cancer: A Message of Hope* 56 minutes – A cancer diagnosis can be a part of life and not the end of it—this film documents the experiences of some individuals who have been diagnosed, undergone treatment, and now live full and healthy lives. Cancer experts also share new research, insights on treatment and provide an overview of causes and preventative steps to lower risk. Aquarius Productions, Inc. Video $125

*Living and Dying* 30 minutes – This program focuses on the stages of adjustment to death as proposed by Elisabeth Kubler-Ross. It discusses the benefits for the surviving family of having a will or advanced directive and looks at how culture and religion profoundly influence how people cope with their own mortality and how families grieve. The program also outlines the benefits of hospice care. Insight Media VHS / 2003/#XAL6178-$129 [http://www.insight-media.com](http://www.insight-media.com)

*Living and Dying with AIDS* 77 minutes – This is the life story of a once energetic man and the documentation of his final days dying of AIDS as he struggles for dignity in the presence of loving friends. The program puts real faces on a deadly epidemic that cuts across all populations, including children. Films for the Humanities & Sciences #4591 VHS & DVD $169

*Living with Dying* 90 minutes – Death, which sooner or later comes to all, is treated as a strangely taboo subject in America. In this program, Bill Moyers describes the search for new ways of thinking—and talking—about dying. Forgoing the usual reluctance that most Americans show toward speaking about death, patients and medical professionals alike come forward to examine the end of life with honesty, courage, and even humor, demonstrating that dying can be an incredibly rich experience for
both the terminally ill and their loved ones. Films for the Humanities & Sciences #10478 VHS $99 DVD $79

*Living with Loss, Healing with Hope*  12 minutes – This video is designed to help a bereaved person during the grieving process. Narrated by vocalist Merrill Womach, this program offers comfort and support during the times when a person feels empty, powerless, and incapable of dealing with their grief. Aquarius Productions, Inc. Video $79

*Look for Me Here: 299 Days in the Life of Nora Lenihan*  58 minutes – When she learned that her breast cancer had recurred and metastasized, Nora, a 40-year-old social worker, chose to forego radical treatment, and to face death with hospice care at home. Focusing on the comfort provided by her caregivers and family, and by an extraordinary support network of friends and co-workers, this unflinching video portrait chronicles the year from that decision to her death. Fanlight Productions JH-244 Video $195; Rental $50/day

*Losing Your Best Friend*  30 minutes – The loss of a pet and its unconditional love can be devastating to young and old alike. Finding the right perspective on the impact that this loss can have on our lives is often difficult. When and how much do we grieve? What do we say to children who are experiencing death for the first time? How do we restructure our daily routines without our best friend? Leading doctors and veterinarians discuss these and other questions with an eye towards healing. Aquarius Productions, Inc. Video $59

*Loss of a Daughter*  24 minutes – Heather’s teenage daughter, Angie, was murdered five years ago and the case remains unsolved. Heather must cope not only with the loss of her daughter, but with the knowledge that the killer is still at large and that she has been denied the consolation of justice. Films for the Humanities & Sciences #8496 VHS & DVD $99

*Loss of a Family*  25 minutes – Terry lost his family once through divorce. But when his ex-wife suddenly died, he lost them again. Because of the distance from his children, he was excluded from their grieving process and family support. This program highlights the necessity of family support and the depression that can result from isolation. Films for the Humanities & Sciences #8494 VHS & DVD $99

*Loss of a Son*  24 minutes – The loss of a child is always difficult to accept, but when your child commits suicide, the grief can become compounded by guilt. Meet Deanna, who son Tim committed suicide at the age of 22. Eleven years later she still grieves over his death and wonders what she could have done to prevent it. Films for the Humanities & Sciences #8497 VHS & DVD $99

*Loss of a Spouse*  24 minutes – Don and Joan were happily married. When Joan was diagnosed with a terminal illness, they prepared for her death together. Although Don still feels the absence of Joan and mourns for her, he finds consolation in continuing his life and raising their son. Films for the Humanities & Sciences #8498 VHS & DVD $99

*Loving Hands: Homecare for Children*  34 minutes – When a child is born with a disabling or life-threatening illness, parents are thrown into a world they know little about. This video gives families who are getting ready to care for a child at home information about the range of services that are available, the types of decisions they will have to make, and how caring for their child at home will
affect their family. Issues include funding reimbursement, caregiver burnout and respite, and meeting the physical, emotional and social needs of the patient. Aquarius Productions, Inc. #ILLCHILDREN $195

*Quit to Live: Fighting Lung Cancer* 56 minutes – ABC News’ World News Tonight has partnered with the Centers for Disease Control and Prevention, the National Cancer Institute, and the North American Quitline Consortium to provide viewers with a comprehensive look at the leading cause of preventable death in America: lung cancer. Films for the Humanities & Sciences #35839 VHS & DVD $149

*Making Decisions and Plans* 20 minutes – Featuring Debra Wertheimer, this program demonstrates how to tell a patient that his or her condition is terminal. It shows how to describe such quality of life issues as supports provided by the healthcare team, advance directives, and treatment options. Insight Media VHS #XAL7814 $179 • www.insight-media.com

*Managing Cancer Pain: A Rural Perspective* 28 minutes – This video depicts caregivers and patients’ challenges of pain management in a rural setting. VCPI Videos • Virginia Cancer Pain Initiative • PO Box 6359 • Glen Allen, VA 23058-6359 • http://www.vcpi.org

*Managing Care, Managing Death* 28 minutes – To decrease the suffering of terminally ill patients, some doctors routinely prescribe strong painkillers—medications that, in effect, actually hasten the patient’s death. This program discusses legislative initiatives designed to protect patients from “disguised euthanasia”—and addresses the volatile question of whether such laws are a threat to the professional judgment of doctors. Films for the Humanities #9297 VHS & DVD $149

*Managing Pain* 18 minutes – Pain is the constant companion of a growing number of Americans—aches and pains, gnawing pain, agonizing and chronic pain, headaches, back aches, and pain traceable to an injury or to something gone awry in the central nervous system. Pain can disrupt life styles, reduce productivity on the job, and drain the household budget. This program looks at what we are doing about pain, besides taking aspirin. Some doctors continue to brush it off, while others are staffing Pain Centers. The program also shows some of the latest research on the nature of pain and its treatment, as well as such old (and still effective) standbys as massage. Films for the Humanities #5255 VHS & DVD $99

*Marge and Walter* 30 minutes – Marge Lewandowski cares for her husband with multiple health problems during the last year of his life as he is dying of cancer. For any student who will be working with terminally ill patients and their families, this program provides a very inside view of the emotional stress during this time period. It is also excellent for hospice training. Video Press Video $150

*May Sarton: Old Age is a Foreign Country* 20 minutes – “It has been a long voyage through time, travail, and triumph—80 years of learning what to be and how to become it.” In author and poet May Sarton’s final interview, she speaks with stark honesty about her life and her impending mortality. She rails against the frailties of old age, while acknowledging a new gentleness in her person. (“It’s odd to have this dilapidated body and still feel so much like yourself.”) Infused with a sense of both pathos and joy, this videotape shows a vibrant person reflecting on her work, her life, her loves and her present adversity after suffering three strokes. It enables its viewers to celebrate the remarkable life of May Sarton. Terra Nova Films Video $145, Rental $50
Medicine at the Crossroads: Life Support 55 minutes – Societies differ sharply in how they regard health care near the end of life. This video looks at these differences in societies. Life Support will give you a fascinating and first-hand look at how societal and cultural mores shape the approach to health care at life’s end. Terra Nova Films Video $195; Rental $45

Melissa’s Story 29 minutes – This video takes viewers into the final weeks of the life of a very special 15-year-old named Melissa. Melissa and her family approach death with openness, sensitivity, faith, and courage. By allowing the viewer into this painful time, she and her family have provided a unique opportunity of open communication and the sharing of love. Aquarius Productions, Inc. Video $195

Minimizing Legal Liability 25 minutes – In this video the rules of liability, the regulation of nursing, and the prevention of malpractice claims are discussed. Insight Media NU906 Video $179

More than a Failing Heart 25 minutes The articulate people in this program describe examples both of the best of end-of-life care, and the worst. Their stories convey a vivid sense of the ways inadequate care has contributed to their pain and loss – and of how truly competent and compassionate physicians and nurses can change the character of the end-of-life experience. The film calls on caregivers above all to listen. Fanlight Productions CD-355 Video $199; Rental $60/day

Mortal Coil: Voices From The Hospice 60 minutes – This film was recently presented at the National hospice Organization’s 19th Annual Conference in Atlanta. Ira Tyock stated: “Mortal Coil poignantly achieves what volumes of textbooks and essays can not do... (it) should be seen by every student in clinical training, by physicians and nurses in practice, and by everyone concerned with how family members - and ultimately themselves - will die.”
http://www.mortalcoil-eternalnow.com/Site/Mortal%20Coil.html

Murder: Those Left Behind 18 minutes – When a family member has been tragically murdered, the survivors not only face the shock of losing a loved one unexpectedly, but face the cruel fact that the death was caused by another human being. Families must content with the sensationalistic media, a confusing and impersonal criminal justice system and a lack of privacy. In our attempt to offer support to such families, five individuals describe their feelings of betrayal, rage and alienation. Filmakers Library Video $150, Rental $50

My Girl – Directed by Howard Zieff, Staring Dan Akroyd, Jamie Lee Curtis, Anna Chlumsky & Macaulay Culkin. A boy with a terminal illness becomes the object of affection for a little girl, estranged from her widowed father. The little girl is unusually sophisticated in her understanding of her character and situation. DVD $13.01 Columbia/Tristar Studios http://www.amazon.com/

My Life – Michael Keaton plays an advertising executive who learns he is dying even as his wife (Nicole Kidman) is pregnant. The film beautifully focuses on his anger over everything: the unfinished business of his life and the probability he'll never meet his child. The late Dr. Haing S. Ngor is terrific as a doctor who helps Keaton's character to recognize the corrosiveness of his rage and to let go. The film is a heartbreaker but truly cathartic for anyone who has felt the blunt pain of losing someone close. Director: Bruce Joel Rubin Columbia/Tristar Studios DVD $9.95 http://www.amazon.com/

My Mother, My Father 33 minutes – This film takes a candid look at four families and their deep and often conflicting feelings as they deal with the stresses involved in caring for an aging parent. One
family has chosen to have the husband’s father, who has Alzheimer’s disease, live with them, while
others have chosen either nursing home care of some level of in-home support. Fanlight Productions
HW-175 Video $185

*My Mother, My Father... Seven Years Later* 42 minutes – Revisits each family seven years after the
original filming – to explore changes over the years in family dynamics and caregiving needs. Fanlight
Productions HW-176 Video $185

*My Word Against Theirs* – Produced by Texas Cancer Pain Initiative, this video contains many moving
patient vignettes supporting the need for effective cancer pain management. The Resource Center •
1300 University Ave. • Madison, WI 53706 • (608) 262-0978 • Fax: (608) 265-4014

*No Easy Way* 30 minutes – A suicide in the family is completely devastating for many reasons. Not
only has a loved one died, but also the pain of knowing they suffered in life is almost unbearable. Plus,
all the unanswered questions they leave behind can haunt a family forever. Even in the face of such
trauma, people do survive. You will meet them here and find out how each of them copes differently
Aquarius Productions, Inc. Video $195

*No Easy Way: Coping with a Loved One’s Suicide* – A suicide in the family is completely devastating
for many reasons. Not only has a loved one died, but also the pain of knowing they suffered in life is
almost unbearable. Excellent for survivors of suicide and for training those who work with suicide
survivors. Aquarius Productions, Inc. #BEREASY Video $195

*No Fears, No Tears: Children with Cancer: Coping with Pain* 29 minutes – Eight courageous
youngsters with cancer, ages 3 to 12, demonstrate a variety of ways – including hypnosis, behavioral
distraction and visualize-tion methods, and breathing techniques – to help ease physical pain. Fanlight
Productions HL-286 Video $129

*No Fears, No Tears – 13 Years Later* 46 minutes – Dr. Kuttner revisits seven of the same children as
young adults, to explore the long-term impact of having learned as a child how to deal with fear and
pain. Fanlight Productions HL-277 Video $199

*Not My Home* 45 minutes – A compelling look at life inside a nursing home. Nurses and aides discuss
the demands of caring for residents in the fate of tight schedules and minimal staffing. Residents
discuss the depersonalization of institutional living and their family members reveal the guilt they feel
at not being able to provide the care their relative needs. Fanlight productions HW145 Video $195

*Nurses and Spiritual Care* 23 minutes – This video examines the rationale for and principles of nursing
involvement in spiritual care, describes qualities in the nurse which are conducive to providing effective
spiritual care, identifies specific spiritual interventions and discusses the partnership between nursing
and pastoral care workers. Challenges and barriers to providing spiritual care are also explored.
Memorial University of Newfoundland Video $125 & S&H

*On Life & Living: The Hospice Experience* 18 minutes – An insightful, comforting look at hospice care
in this compelling video, viewers are introduced to the significant roles hospice professionals play in
the lives of men and women facing their own mortality. Special moments abound as family members
and friends take turns supporting each other, discovering closeness they had never thought possible. Aquarius Productions Video $195

**ON OUR OWN TERMS: Bill Moyers on Dying in America** (4-video series) – In this acclaimed series, PBS journalist Bill Moyers reports on the growing movement to improve care for people who are dying. Using interviews and research from across the country, each program describes the intimate experiences of patients, families, and caregivers as they struggle to infuse life’s ultimate rite of passage with compassion and comfort. *Living with Dying* 87 minutes This video describes the search for new ways of thinking about dying. (CB-313)

**A Different Kind of Care** 87 minutes In this video the important strides being made in the area of hospice and palliative care are presented. (CB-314)

**A Death of One’s Own** 87 minutes This video explores complex choices at the end of life, including the bitter debate over physician-assisted suicide (CB-315).

**A Time to Change** 87 minutes This film introduces professionals who seek to improve end-of-life care by changing our overburdened health system (CB-316)

Fanlight Productions Series # CB-908 Series $300; individual videos $126

*On the Edge of Being* – An intimate view of six physicians who have personally, or in their immediate families, confronted cancer. Cerenex Pharmaceuticals • Division of Glasso Inc. • Research Triangle Park, NC 27709 • (800) 824-2896

*On Wings of Song – Music Therapy at the End of Life* 43 minutes – Featuring Deborah Salmon’s work (a music therapist with the terminally ill since 1984) in the Palliative Care Unit of the Royal Victoria Hospital, On Wings of Song shows how a skilled music therapist may help a diverse group of patients find spiritual and emotional nourishment during their last days. By calling upon the knowledge of a wide range of musical instruments and styles, a music therapist is able to forge a strong emotional connection with a patient. One tired, elderly patient is awakened from her lethargy and surprises us with the vigor of her song. A younger woman finds pleasure in improvising lyrics to a familiar tune. Adult children gather at their mother’s bedside to sing favorite hymns. This poignant and inspiring film captures moments of humor, celebration and joy made possible through music. Filmmakers Library Video $295, Rental $75

*Once Upon a Loss: A New Look at Cinderella* 49 minutes – This compelling documentary is about loss, despair, and remembering. It interweaves three themes. First, stories of four remarkable women who lost their mothers when they were young. Second, an off-screen retelling of the original Grimm Brothers’ tale of Cinderella, and lastly, weaving it all together is a new interpretation of Cinderella (by Kathrin Asper) as a parable of emotional abandonment, grief, and an individual’s search for self-identity and self-esteem. [http://www.onceuponaloss.com/](http://www.onceuponaloss.com/)

*One Brief Life: The Baby L Case* 40 minutes – During her eight weeks of life, Leaney Lavea—born prematurely and with medically insurmountable abnormalities—was dependent on machines to live. But were these machines prolonging her life, or were they merely delaying her death? This deeply moving program explores the ethical dilemma surrounding a case that began in a hospital and ended up in court. Interviews the Baby L’s parents, the attending physician, the Laveas’ legal counsel, and others trace the course of the battle between the parents and the hospital to assert their rights to do what they each believed was morally correct. Films for the Humanities & Sciences #9183 VHS & DVD $149
**One in Nine** 45 minutes – This is an inspiring documentary about nine breast cancer survivors from across the country who came together to train and race in the prestigious Head of the Charles Regatta in Boston. Over a period of just five days, the women learn to pull together for themselves and for each other. The race is a metaphor to show the world how they continue to fight the battle against their disease. The message is one of courage and hope for all those affected by cancer. Aquarius Productions, Inc. #ONCNINE $195

**One Journey - Many Voices: Conversations about Serious Illness and Dying: A Video Tool for Discussing End-of-Life** 28 minutes – One Journey - Many Voices offers rich perspectives on issues related to death and dying. In it, you will hear the stories of people from many different backgrounds - patients, family members and health care professionals - as they share their own experiences, beliefs and values. It offers a broad range of perspectives on issues such as decision-making and care needs of patients and families throughout an illness, the dying process and death, as well as the needs of family members after the loss of a loved one. AARP Video $20 [http://www.aarp.org/lce/lce-about/Articles/a2003-12-04-endoflife-video.html](http://www.aarp.org/lce/lce-about/Articles/a2003-12-04-endoflife-video.html)

**One True Thing** – A mother-daughter and father-daughter story. While home for a birthday party for her nearly famous writer father (William Hurt), she learns that her mother (Meryl Streep) has been diagnosed with cancer. Then her father does the unthinkable: He all but commands her to put her career on hold to take care of her mother and nurse her through her illness. Dad, a popular college professor who has never gotten the literary acclaim he always believed he deserved, essentially checks out--and daughter must play parent to her mother. Strong performances by Streep and Zellweger give this parent-child relationship the heart--and the anger--of the real thing. Director: Carl Franklin Universal Studios DVD $13.03 • [http://www.amazon.com/](http://www.amazon.com/)

**Overcoming the Fear of Death** 35 minutes – This video interview with Dr. Chopra provides insight into a subject usually avoided. Throughout the film, Chopra uses stories, poems and humor to explain his unique notions of embracing death. He asks you to celebrate the miracles of life and death though meditation, a strong belief in love, and a “surrender to the seduction of spirit.” Aquarius Productions, Inc. Video $59

**Pain: The Fifth Vital Sign** 20 minutes In an interactive discussion with nursing assistants, Dr. Wertheimer hears that recognizing pain isn’t always obvious, particularly with patients who are non-verbal or suffering from dementia. Nursing assistants present guidelines for identifying, describing, and reporting pain. Video Press Video $150

**Pain: The Resident’s Perspective** 20 minutes – Staff may quantify pain on numerical scales, but residents have much more to say about pain than just a number. “Sometimes it is so bad, I hear myself shouting out”, says one resident. Another adds, “Tears just keep rolling down my face, I never thought I would cry from pain.” The intensity, the emotion, and the honesty of these residents’ comments need to be heard by all caregivers of the elderly. Video Press Video $150

**Pain Management & Coping** 30 minutes – Some 86 million Americans suffer from some form of chronic pain. Throughout the ages mankind has wrestled with understanding sources of pain and how to relieve it. There is no good reason, regardless of age or illness, why people today should live and suffer with pain. This SUCCESSFUL AGING video program provides information and advice on the causes
of pain and how to lessen the suffering caused by chronic pain. Aquarius Productions AGEPAIN Video $125

Pain Management for the Oncology Nurse – One of four video programs from Oncology Nursing Today TM 2000. Content includes barriers to effective pain management, pharmacological therapies to manage pain, and strategies for improving pain management. Stratos Institute http://www.stratosinstitute.com/contact_us.htm

Palliative Care 30 minutes – America is a death denying society that often does not formally prepare individuals to deal with death and dying on personal and emotional levels. Palliative care is a philosophy of care for terminally ill patients, which assures the physical, emotional, social, and spiritual comfort of the dying patient and their family. Aquarius Productions AGEPALL Video $125

Parkinson’s: The Great Drug Experiment 45 minutes – Once diagnosed with Parkinson’s disease, most patients can expect a stable and active lifestyle for up to a decade—but new drugs could lengthen that period. This program follows five volunteers in the clinical trial of MitoQ, a medicine designed to slow the ailment’s progress. Viewers are taken through the yearlong, double-blind placebo-controlled study, in which each volunteer performs a daily regimen of physical and mental exercise while his or her symptom progression is closely monitored. Films for the Humanities & Sciences #40663 VHS & DVD $169

Patient Self-Determination 25 minutes – This program defines types of advance directives and explores related ethical issues. Objections to advance directives are presented. Insight Media NS842 Video $226

Peege 28 minutes – This touching, poignant film portrays a family’s Christmas visit to their grandmother, a patient in a nursing home, and their sense of despair and isolation as they struggle vainly to communicate. DVD and VHS $25 http://www.phoenixlearninggroup.com/Products/VideoDetail.aspx?id=9185d67f-1bd9-4ba2-a271-592837cce438&cat=&sub

Pharmacology 23 minutes – Modern medicine owes much of its success to drugs. How do these chemical molecules treat and cure aches and illnesses? This program explains that these substances are usually “copies” of natural substances produced by our own bodies. We witness the invention of a new drug by two researchers working at a major pharmaceutical laboratory—computer-assisted, of course. Finally, we are introduced to some promising new weapons against cancer, drugs designed to zero in on cancer cells and destroy them. Films for the Humanities & Sciences #5523 VHS & DVD $99

Portraits of Grief 24 minutes – This program is a collection of deeply personal interviews and relates them to the different stages of the grieving process: disbelief, sadness, loneliness, depression, fear, anger, guilt, and exhaustion. The viewer sees how grief is a process that can lead to understanding and acceptance. Films for the Humanities & Sciences # 8501 VHS & DVD $99

POSITIVELY SERIES (3 part) – These videos show real life examples of people successfully managing medication challenges as well as showing proven strategies to manage their mental health and other social needs.

Positively: Adults Coping with HIV and AIDS 36minutes – Targeted to individuals living with HIV/AIDS and all those who care for them; including professionals and non-professionals. This video
is designed to motivate viewers to be aware of mental health issues related to HIV and to seek support from a variety of sources, helping them to live “positively.”

*Positively: Young Adults Coping with HIV and AIDS*  34 minutes – This video focuses on the impact that mental health issues have on both coping and disease management. It is designed to motivate viewers to be aware of mental health issues related to HIV and to seek support from a variety of sources, helping them to live “positively.”

*Positively: Caregivers with Children Coping with AIDS*  36 minutes – This video includes expert commentary from the professionals who surround them. Positively focuses on the impact the mental health issues have on both coping and disease management. It is designed to motivate viewers to be aware of mental health issues related to HIV and to seek support from a variety of sources, helping them to live “positively.” Aquarius Productions, Inc. Series $250, Individual segment $99

*Postmortem Care*  15 minutes – This still-image program examines the clinical duties of healthcare workers in postmortem care, stressing the importance of providing support to the loved ones of the deceased. Insight Media  DVD 1992/#XAL7223 -$219 [http://www.insight-media.com](http://www.insight-media.com)

*Preparing for a Healing Passage*  17 minutes – It is with the eminence of death upon us that the dying person cultivates an ability to appreciate the preciousness of each moment. In this video, the viewer is drawn into the lives of two individuals in the last days of their lives. These insights will help viewers to understand the importance of preparing for this life passage without fear of dying. A very comforting and healing video. Aquarius Productions, Inc. #INDLIFE $99

*Preventing Undernutrition: Dehydration & Invasive Treatment in the Geriatric Patient*  17 minutes – Discusses preventative strategies with patients who begin to show limited fluid or nutritional intake and difficulty swallowing. Focuses on early detection and ongoing individualized assessment, and guides you in early intervention techniques to avoid the use of intravenous fluids, nasogastric or gastrostomy tubes. Geriatric Video Productions Video $245

*Professional Choices: Ethics at Work*  40 minutes – In this video, social workers, educators and administrators speak candidly about ethical issues that can arise for social workers and clients. Also included are case scenarios that highlight the fine line between sound ethical practice and professional misconduct. This video is a valuable tool for social work practitioners, faculty and students, organization leaders and agency and licensing board administrators. Fanlight Productions CD-187 Video $99

*Prostate Cancer*  21 minutes – Prostate cancer rates have doubles since 1983—a frightening statistic. In this program, General Norman Schwarzkopf speaks frankly about his own bout with prostate cancer. Symptoms of the disease are presented. Prevention is discussed within the context of diet, heredity, and ethnic background. Early detection through antigen testing is explained, and the benefits and side effects of radical and definitive therapies are discussed. Criteria for determining which treatments should be used, if any, are examined. Films for the Humanities & Sciences #7754 VHS & DVD $169

*Prostate Cancer: Are You at Risk*  24 minutes – This video provides information on early screening, diagnosis and detection of prostate cancer for men in high-risk groups. Join host General Colin Powell and special guests US Surgeon General David Satcher, Senator Bob Dole and other survivors and their spouses as they talk candidly about prostate cancer. In partnership with the American Cancer Society. Aquarius Productions, Inc. ONCRISK $150
Quality of Life, Indicators of Quality  20 minutes – This program presents an overview of the vital role of the Geriatric Nursing Assistant (GNA) related to resident quality indicators. Through a series of vignettes on pain, physical functioning, pressure sores, nutrition, and restraint reduction, the responsibilities of the GNA are illustrated. Emphasis is placed on the importance of observation and assessment, team communication and the implementation of an individualized care plan. This program shows how the GNA is empowered to make significant contributions to positive clinical outcomes as well as enhance the resident’s overall quality of life. Taped on-location at The Johns Hopkins Geriatric Center Bayview Medical Center. Video Press Video $150

Rachel’s Daughters: Searching for the Causes of Breast Cancer  107 minutes – Rachel’s Daughters, a feature-length documentary, might be described as a postmodern detective story: The victims go in search of the villains, and don’t find them. But on the way, they expose the questions that need to be answered, and they propose that it’s up to ordinary citizens to organize and insist that scientists, governments and businesses ask the questions, too. Although no irrefutable connections are made between the incidence of cancer and the environment, the film movingly persuades viewers that environmental factors are prime suspects. Women Make Movies

Ready or Not  35 minutes – An outstanding film that explores end of life issues in relationship to first and second year medical students. This film will help medical and nursing students as well as health care professionals understand how to relate to those that are dying with compassion, empathy and understanding. Aquarius Productions, Inc. #ENDREADY $195

Ready or Not: Exploring End-of-life Issues  – An outstanding film that explores end-of-life issues in relationship to first and second year medical students. This film helps to understand how to relate to those who are dying with compassion, empathy and understanding. Aquarius Productions, Inc. #ENDREADY Video $195

Reflections on Suffering  20 minutes – In a moving conversation with her doctor, Jean Cameron, a cancer victim, discusses how she has come to terms with her terminal illness, and the perspective it has given her on the meaning of life. Terra Nova Films Video $129; Rental $35

Religion and Euthanasia  29 minutes – The highly controversial topic of euthanasia is examined in this program through the eyes of several medical and religious experts. Euthanasia as an acceptable practice is discussed within the context of current “right-to-die” cases, including the highly publicized assisted-suicide activities of Dr. Jack Kevorkian. We see how individual rights issues often overshadow legal arguments. Efforts currently under way by religious groups to block the practice are examined. Overall, the program represents an excellent starting point for discussions about what role religion and morality should play in the euthanasia debate. Films for the Humanities & Sciences #7099 VHS & DVD $99

Remembering Tom  24 minutes – This film explores the tragic aftermath of a young man’s suicide. Tom was eighteen when he killed himself, leaving his mother, father, sister and brother to deal with the anguish of his death. Two years later his sister Rachel, now seventeen, confesses that she had to overcome suicidal thoughts of her own in the months after her brother died. It was, she says, “the greatest pain anyone can imagine.” All the members of this close-knit family speak of their shock, loss, and guilt, but they also convey the ways they have learned to live with – not “get over” – Tom’s suicide. Fanlight Productions HW-320 Video $195
Rising to the Challenge 15 minutes – With a backdrop of fun and adventure, we hear from youngsters ages 10 and up at a retreat with their peers. This is a place where everyone fits in and begins to speak freely about living with their disease. You begin to see how camaraderie and support blossoms between the children living with the disease, their family, and friends. Letting go in this atmosphere enables youngsters to speak their truth and express their feelings. Aquarius Productions, Inc. Video $140

Rose and Zelda 20 minutes – Every day Zelda comes to visit her mother Rose who has just moved into a nursing home. In a series of interviews, Rose and Zelda express their acceptance of dying as a natural end to life. Debra Wertheimer, MD participates in the discussion, showing support and acceptance of their decisions. Video Press Video $300, Rental $100

Rough Times 36 minutes – This program, a staged musical drama intercut with professional commentary, illustrates normal emotional reactions to bereavement and looks at the roles of friends, relatives, and professionals. It follows family members who have experienced the death of a child as they journey through denial, anger, and resolution. Insight Media DVD/1997/#XAL5742-$279 http://www.insight-media.com

Rude Awakenings 20 minutes – AIDS confronts many people with the most extreme test of religious faith they will face in their lifetimes. Not only those who are ill, but their families and friends, congregations and spiritual advisors may find their convictions challenged. This provocative video explores issues of spirituality from the viewpoints of people with AIDS, and of clergy of many faiths. Fanlight Productions ISBN 1-57295-201-6; CR-201 Video $165

Saving Your Skin 28 minutes – The pale look is in. So why are so many people still trying to get tan? By the end of the episode, you’ll be slathering on the sunscreen and wishing you’d spent your childhood in the shade. Skin cancer survivors share their very compelling stories, supported by dermatologists who explain how to recognize skin cancer and two scientists whose research indicated that “You’ve gotta lead a shady life!” Aquarius Productions, Inc. Video $195

Saying Good-Bye 26 minutes – This program talks to people to find out how they dealt with their grief: a support group for widows, a woman whose parents died within a year of each other, and a woman whose husband died of cancer. Also interviewed are a hospital chaplain and the director of a hospice. Films for the Humanities & Sciences #2373 VHS & DVD $99

Saying Goodbye: Grief Counseling 15 minutes – Bethesda Hospital’s grief counseling program works with physicians to treat the emotional as well as physiological aftermath of perinatal loss. Through interview with an obstetrician, a staff development instructor, a nurse who is the Perinatal Grief Director, and a family who lost a baby, this video outlines the components of a comprehensive care program, including individual counseling, support groups, memorial services, and encouragement for the entire family to spend time with their baby. Fanlight Productions ISBN 1-57295-102-8; CR-102 Video $145

Saying Goodbye/Teens 34 & 37 minutes – In this straightforward video, bereaved adolescents, ages 12 to 20, share their pain and growth after the loss of a loved one by expressing their feelings of anger, denial, depression, relief, guilt and even suicide. Through the process, they realize that although life is not always fair, it is definitely worth living. This video set includes two separate versions - one for teens and one for parents and professionals Aquarius Productions, Inc. #BERSAYING Video $195/set
Science and the Power of Prayer – Prayer is the flight of the alone to the Alone, or to what Larry Dossey call Non-Local Mind, and lately the conversation has been lively. In a world where many have reason to thank God for his blessings and many more are moved to implore his mercy, humankind is praying in astonishing numbers. Aquarius Productions, Inc. #SPISCIENCE Video $79

Self-Deliverance 27 minutes – Australian John Grisham says that he has reached his “use by date.” He believes in God, and in the dignity of human life, but he also believes that helping people end their lives may sometimes be more compassionate than using machines and drugs to prolong a life already at its end. Living with constant pain, John spends his days looking for a hospice program that will respect his wishes or a doctor who will help him to end his life when he decides it is time. In the meantime, he tries to stockpile enough drugs to do the job himself if he needs to. This unflinching portrait includes testimony from physicians on both sides of this controversial issue, but its primary focus is on one courageous man’s determination to confront death with dignity. Fanlight Productions QA-322 Video $129

September 12: Life After Tragedy 35 minutes – This film was produced and directed by Sept. 11 Family Member and Advocate, Anthony Gardner, and is an intimate chronicle of loss, family and life after tragedy. The film looks at the World Trade Center United Family Group and Oklahoma City/Sept. 11 Family exchange. It communicates the value of the bond that is shared between the families of the victims of the Oklahoma City bombing and those directly impacted on Sept. 11. Powerful and heartfelt, this video will help those who are bereaved. Aquarius Productions BERSEPT Video $150

Shadowlands – This emotionally moving romantic drama based upon the real-life romance between the British writer C.S. Lewis and a divorced American poet named Joy Gresham. When Joy is diagnosed with cancer, Lewis's Christian faith is put to the test--he cannot fathom why their happiness together would be so drastically challenged. Together, they find a way to accept and honor the time they have shared together. Director Richard Attenborough. HBO Theater. DVD or Video $9.97

Softfire 19 minutes – Presents an intimate picture of an elderly woman approaching death in her own home. Surrounded by her personal belonging and the treasures of her lifetime, she prepares for a good ending to life. She receives physical, emotional and psychological care from a professional caring team. Video Press Video $300, Rental $100

Speaking the Same Language 11 minutes – Dean and Inez Davis, guardians of nine grandchildren, recount their experience with their granddaughter, Sherquanda, who was diagnosed with a brain tumor from which she died at age 9. They discuss the centrality of trust, respect, and caring in relationships between health care professionals and families facing the death of a child. DVD $109 http://www.ippcweb.org/ordervideo.pdf

Spiritual Assessment 35 minutes – This program discusses the role of the nurse in spiritual assessment as well as the focus and principles of spiritual assessment. Stoll’s Guidelines for Spiritual Assessment are used to interview three clients: a woman with fibromyalgia, a man who had villis adenoma and a woman who has manic depressive illness and who is HIV positive. Memorial University of Newfoundland Video $125 & S&H http://www.ucs.mun.ca/~dwestera/snr.html

Spiritual Assessment 30 minutes – This video teaches how to apply the components of spiritual assessment in healthcare settings, identify signs of spiritual distress, and recognize the influence of

*Spiritual Care: A Source of Healing* – This video examines some of the research data which confirms what we’ve always known: that taking care of spiritual needs in times of illness and crises results in quicker recoveries and over all savings to the system. Some of the settings in which spiritual care is offered, from acute care hospitals and prisons to long-term care and centers for the developmentally disabled are reviewed. Aquarius Productions, Inc. #SPISPIRIT Video $140

*Spiritual Care and Chronic Health Problems* 19 minutes – This program describes practices that nurture patient spiritually, identifies spiritual issues and needs experienced by the chronically ill, and depicts the role of the nurse in providing spiritual care. Insight Media VHS/DVD/2003/#36AL5899/#36AL7225 - $169  http://www.insight-media.com

*Spiritual Care and Life Threatening Illness* 22 minutes – This program illustrates how life-threatening illness can impact a person’s spirituality. It explores spiritual needs and identifies spiritual resources that can be used to deal with such illnesses. Insight Media VHS/DVD/2003 #36AL5381/#36SL7226 - $169  http://www.insight-media.com

*Spirituality* 22 minutes – This video examines the concept of spirituality, exploring the diversity of meanings and themes given to the term and distinguishing it from religion. Various expressions of spirituality are illustrated. Viewers are stimulated to reflect upon their own spirituality. Memorial University of Newfoundland Video $125 & S&H http://www.ucs.mun.ca/~dwestera/snr.html

*Spirituality in Palliative Care* 21 minutes – This program illustrates how death and dying impact patient’s and their family members’ spirituality. It identifies key spiritual issues, needs, and resources. Insight Media DVD/2003/#IAL7040 -$169  http://www.insight-media.com

*Spontaneous Healing with Andrew Weil, MD* 72 minutes – Best-selling author, Dr. Andrew Weil, one of the most important leaders in the field of health and healing, explains the body’s natural mechanism for fighting illness and maintaining daily health. Dr. Weil draws on techniques from around the world to resolve life-threatening diseases. This practical and inspiring video is an essential guide for understanding the healing powers within each of us. Aquarius Productions, Inc. Video $90

*Still Life: The Humanity of Anatomy* 27 minutes – Gross Anatomy students share the fear, guilt, gratitude and awe they feel during their dissection experience. Bob Harvey, who plans to donate his body to the medical school, talks about the life experiences that have influenced his feelings. He offers wry advice to the medical students, while scenes from the move, People Will Talk (starring Cary Grant as a professor of anatomy) offer an engaging historical perspective on public and professional attitudes. This will be a provocative viewing for students in medicine, nursing, psychology, philosophy and religion. Produced at the Institute for Medical Humanities, University of Texas Medical Branch, Discussion Guide included. Fanlight Productions CD-345 $229

*Stories of Healing* 52 minutes – In this video, storytelling becomes a beautiful art form as we hear from an extraordinary group of people facing death. The people range in age from 12 to 79 and are facing challenges such as IDS and brain cancer. What is important to all of them is the preciousness of time and appreciation of the moment. The group has come together for a unique workshop that utilizes the
story telling process to help them reflect on their lives and prepare for their death. Michael Cotter, a
gentle, wise and gifted farmer from Minnesota leads the participants through the workshop and
storytelling. What evolves during this video is a unique bonding and healing for all those participating,
including those who watch the video. This video is recommended for health care professionals who are
helping those with life-threatening or chronic illness, and by individuals coming to terms with their
illness. Aquarius Productions, Inc. $250

*Sudden Infant Death Syndrome* 49 minutes – This silent killer claims 1 of 500 infants in the US each
year. Much is being done to discover the cause of SIDS. In this program we hear from parents who
have lost infants to SIDS, and from doctors and researchers working to understand and defeat it.
Specialists provide up-to-date information on which infants are at highest risk, and what precautions
parents can take to protect them. New research is providing clues to the cause of the problem. Films for
the Humanities & Sciences #6886 VHS & DVD $99

*Suicide: A Guide for Prevention* 30 minutes – The Samaritans, a British suicide intervention
organization, fields 2.5 million phone call per year. Using dramatized scenarios and commentary by
healthcare professionals, this program replaces myths with facts about suicide: who is at risk, how
warning signs are displayed, what some of the triggers are, and how to intervene. Of special emphasis is
the vital need for the medical staff to engage in a compassionate dialogue with parasuicides in order to
correctly assess their readiness for release and need for referrals to mental health specialists and social
workers. Films for the Humanities & Sciences #10043 VHS & DVD $99

*Suicide: The Teenager’s Perspective* 26 minutes – This program deals with peer groups, one promising
solution to the increasing number of teen suicides. Teenagers are accustomed to going to their friends
with their problems; in this case, the friends have been trained to recognize the signs of impending
suicide. In the program, Jim Wells, a nationally recognized expert on suicide, says that even as teens are
taking their own lives, they do not really want to die. The purpose of this program is to provide some
help before an attempt is made. Films for the Humanities & Sciences #2351 VHS & DVD $169

*Sunlight and Skin Cancer* 20 minutes – This program makes crystal clear the fact that getting a tan
means skin damage and that some of that damage will promote skin cancer. The program looks at the
various types of skin cancer, some deadlier than others. It also strongly advocates skin care, for people
need not be sun worshippers to develop skin cancer from exposure to the increasingly dangerous rays of
the sun. Films for the Humanities & Sciences #3713 VHS & DVD $169

*Surviving* 28 minutes – Sees caregivers share wise advice on how to cope with emotional, mental, and
physical strains. Healing 28 minutes Reveals caregivers’ feelings of loss and their eventual healing.
Quiet Triumphs 28 minutes Is a moving testament to the human spirit, showing how caregivers stretch
their capacity for patience and caring. Aquarius Productions, Inc. Video $70 each; $295 series

*Surviving Death: Stories of Grief* 47 minutes – The process of making a loss real can be a lonely and
confusing experience. In this new video, seven people from a variety of cultural backgrounds, talk
frankly about how they have been affected by the death of someone close to them. They speak about the
pain and other powerful emotions they have experienced, about their need to reassess values and
relationships after death, and about the ways they have found to survive the loss. Recognizing that there
is no single or easy path to recovery, this video is a useful resource for those in grief and for those
lending support to people who are grieving. Fanlight Productions CU-270 Video $245
Take 2: Substance Abuse 60 minutes – Program 1, “Junkie,” addresses drugs, addiction, and love as a wife confronts her husband about his drug habit. In Program 2, “The Way I Feel,” a grieving mother confronts a callous drug dealer about her son’s death. USCC Publishing Services 073-7 Video: Member $14.97; Non-members $24.95

Take Charge 22 minutes – Hosted by Gen. Colin Powell, this video and companion booklet is for men and their families dealing with recent prostate cancer diagnosis. Aquarius Productions, Inc. #ONCTAKE $195

Teaching Kids About AIDS 27 minutes – Children need to learn the truth about AIDS, and school teachers have begun to use education as the next best thing to a vaccine. This film is an essential tool for teachers trying to dispel myths and provide children with the best possible information about this fatal disease. Following the innovative programs of first graders and high school students, we see how some school systems are responding to the need for AIDS education. Aquarius Productions, Inc. Video $149

Teen Suicide 35 minutes – Teenagers have more stress in their lives than ever before. Divorced parents, substance abuse, lack of adult supervision, abusive family situations, unemployment, and a sense that the world may not be getting any better are all factors that cause many teens to feel alone and desperate. Many teenagers successfully deal with these problems successfully, but many don’t. This program examines the reasons why teens consider, attempt, or commit suicide and stresses specific measures to help prevent viewers or someone they know from becoming a suicide statistic. In this film we learn how to recognize warning signs in friends or relatives, how to help, and where to go for assistance. Films for the Humanities & Sciences #8180 VHS & DVD $99

Terminal Illness: When It Happens to You 50 minutes – This program profiles a terminally-ill patient, his courageous battle against cancer, and the emotional toll his illness takes on his family. AT the age of 46, Chris Brotherton was diagnosed with a brain tumor and given only a few months to live. The program follows the last six months of his life, and shows how he, his wife and young son, and the medical staff at a hospice deal with his illness. This is an open, deeply moving but unsentimental record of their thoughts and emotions. Films for the Humanities & Sciences #5691 VHS & DVD $99

Terms of Endearment – Directed by James L Brook, Starring Shirley MacLaine and Debra Winger. This movie is about a combative mother and daughter relationship where the daughter develops a terminal illness. • http://www.amazon.com/

Test Pilots of the Body 56 minutes – A glimpse into the real-life struggles and triumphs of six cancer patients, their families and their physicians as they experience bone marrow transplants. This program reveals how all the individuals involved seek the “right stuff” to see them through their last hope of overcoming and almost certain death from a seemingly incurable disease. Aquarius Productions, Inc. #ONCTEST $195

THE CAREGIVERS’ JOURNEY WITH DR. GEILA BAR-DAVID – A five part "video workshop" (The Journey Begins, The Toll, Surviving, Healing and Quiet Triumphs) that helps caregivers cope and heal. Ideal for both starting and enhancing support groups as well as for individual viewing. Helping caregivers of the terminally ill to weather the pain and loss of a loved one as well as discover the sustaining joy and hope in those same experiences, this series offers five topical programs, each of which is framed by a five-minute relaxation sequence and a concluding meditation segment. Each section is 28 minutes long. H&CJOURNEY $295 http://www.aquariusproductions.com/Cart/products.php?prod_id=860

The Caring Helper – Teaches helping and self-care skills to volunteer and professional caregivers working with people, who face life-threatening illness, dying, and bereavement. Applied Vision • PO Box 1344 • San Carlos, CA 94070-7344 • (650) 591-9307 http://www.appliedvision.com

The Chinese Hospice 46 minutes – In Beijing stands the only hospital in China to specialize in allowing people approaching the end of their lives to die with dignity. Compared to a Western hospital, this is a simple, basic facility. Care and respect permeate the atmosphere. Each of the elderly patients embodies the history of his/her generation. Focusing on their stories, The Chinese Hospice shows us how the end of life is viewed in another culture. Filmmakers Library Video $295, Rental $65

The Courage to Grieve, The Courage to Grow 45 minutes – Nationally known for her inspirational work leading people through the grieving process, Judy Tatelbaum, MSW, offers her insights in this inspirational video. By viewing this motivational film, people who are grieving learn that they can face and recover from their pain. This video helps viewers to recognize the stages of grief, develop tools for healing, and feel more complete with the entire process. Aquarius Productions, Inc. #BERCOURAGE Video $99

The Dangers of Melanoma 18 minutes – Left untreated for too long, melanoma—almost always curable when treated early—becomes one of the deadliest of all cancers. This program from The Doctor Is In promotes sun exposure precautions and self-examinations as ways to lower risk of contracting and dying of melanoma, describes standard medical practices once melanoma is diagnosed, and investigates the ongoing research to find more effective treatments, including a cancer vaccine. Films for the Humanities & Sciences #33284 VHS & DVD $149

The Deathbed 30 minutes – Using personal stories to enhance understanding of the mental and emotional states of people facing their own deaths or the deaths of loved ones, this video explores a wide range of North American cultural perspectives on death. It considers these view within the context of such current issues as AIDS and the shifting parameters of end-of-life decision making. Insight Media VHS 1999/#XAL3414 - $89 http://www.insight-media.com

The Doctor Is In: Children Die, Too 28 minutes – No one is ever prepared for a child’s death, but there are ways to live through this very sad experience. This show introduces you to some people who have felt this kind of pain, and who can offer some suggestions for going through the process. A couple whose three-year-old died from multiple birth defects and young women who have lived through two miscarriages and two stillborns talk about their experiences. Dr. Sandra Fox of the Good Grief program based in Boston, MA discusses how people in communities can help each other deal with the death of a child. Pediatric oncology nurse Janet Steward, Dartmouth-Hitchcock Medical Center explains how a cancer treatment team can help families through a child’s terminal diagnosis and treatment. Host Jamie
Guth visits an art therapy class for school-aged children, and talks to the teacher, Patti Morgan, about how children express their grief. Dartmouth-Hitchcock Medical Center

The Eternal Now 15 minutes – The Eternal Now is a companion tape to Mortal Coil. It explores issues of aging and mortality revealing a delightful portrait drawn from dozens of interviews with elderly residents at the Actors’ Retirement and Nursing Home in Englewood, NJ. The result is a balanced testimonial to life itself. http://www.mortalcoil-eternalnow.com/Site/Mortal%20Coil.html

The Ethics of Dying 28 minutes – Advance Directives ensure that a person’s end-of-life wishes are honored. This video focuses on common questions asked by providers regarding applications of advance directives and changes to living wills. Insight Media VHS/1999/#36AL2815 - $259 http://www.insight-media.com

The Fall of Freddie the Leaf 16 minutes – Leo Buscaglia’s story about the cycle of life and death is given visual expression in this gracefully shot film. The Fall of Freddie the Leaf is a gentle, beautifully told natural metaphor blending childhood and adult perceptions of life. It is dedicated to all whom have ever suffered a loss and cannot find a way to explain it. Terra Nova Films Video $159; Rental $35

The Final Chapter 28 minutes – Certainly the age of the dying person, the extent of the illness or injury, as well as the legal and ethical ramifications are factors that need to be considered in prolonging life and continuing medical support. In recent years, the hospice movement has provided valuable assistance for many dying persons and their families. Excellent for those involved in end of life care. Aquarius Productions, Inc. #INTFINAL $99

The Forgotten Tenth 14 minutes – This film serves as an introduction to the issues regarding HIV/AIDS that pertain to adults over 50. It includes vignettes highlighting the personal experiences of three persons who are HIV infected, and one caregiver. In addition, age-specific information related to risk reduction is presented by a doctor and a nurse practitioner. Terra Nova Films Video $99.95, Rental $40

The Grieving Process 27 minutes – This video describes the stages of the Kubler-Ross grieving process (denial, anger, bargaining, depression, and acceptance) and considers the roles of the caregiver in the grieving process. It identifies ways to prevent personal burnout while assisting others though the grieving process. Insight Media VHS/2002/#XAL4206-$259 http://www.insight-media.com

The Grit and Grace of Being a Caregiver 36 minutes – The experience of caregiving, similar to that of childrearing, does not come with “how-to” directions. This inspiring film focuses on the positive, life-affirming aspects of caregiving and all that caregivers can offer to those they comfort and love. Aquarius Productions, Inc. Video $79.95

The Healers of 400 Parnassus – An exploration of health care at its best, this is an unflinching look at physicians, nurses and social workers who confront the daily tragedies and triumphs of dealing with seriously ill patients. Though filmed in an HIV clinic, this extraordinary documentary is about far more than a particular health care crisis. In intimate cinema-verity footage of the interaction between patients and their caregivers it offers a unique portrait of the bravery, honesty, teamwork, and humor which enable these committed professionals to transcend the daily stresses and remain dedicated, even inspired, by their work. Fanlight Productions
*The Journey Home: Stories from Hospice* 60 minutes – At the same time that modern medical technology is extending our lives, it may also be making our deaths more lonely, frightening and sterile. Through candid stories of five hospice patients and their families, this video presents an alternative, a way that patients can take control over where and how they will dies, surrounded by loved ones, in comfort and dignity, and in a familiar environment. The Journey Home weaves together the striking personal narratives of the patients and their families with intimate, in-depth footage of their interactions with sensitive, caring hospice teams including physicians, nurses, social workers, and chaplains. Fanlight Productions CD-360 Video $229

*The Kevorkian File* 55 minutes – One of the most gripping videos you will ever see, The Kevorkian File probes a disturbing dilemma faced by our society today: should medical doctors be allowed to assist patients in ending their lives? The video presents an in-depth look at the physician-assisted suicides of Dr. Jack Kevorkian. As part of each of Dr. Kevorkian’s cases, there is a remarkable home camera videotape—Kevorkian’s own recording of his final consultation with the patient whose life he is about to assist in ending. The Kevorkian File shows several excerpts of these tapes, and also interviews medical professionals as well as many of the spouses of those who chose to commit assisted suicide. Terra Nova Films Video $95; Rental $45

*The Pitch of Grief* 30 minutes – This gentle video explores the process of grieving through interviews with four bereaved men and women, young and old. Helpful for all of us who will someday face the loss of a loved one. Fanlight Productions ISBN 1-57295-018-8; CM-018 Video $195

*The Power of Belief: Its Impact on Our Minds* 46 minutes – Belief is at the heart of the world’s great religions as well as the sustaining power behind the paranormal, supernatural, and occult events that grace America’s tabloids. How can belief be explained, and from what deep well within the human psyche does it spring? In this program, ABC News anchor John Stossel goes to a psychology lab and even walks through fire to investigate the power of belief—as demonstrated by the placebo and “nocebo” effects—and what psychologists call “magical thinking.” Mr. Stossel takes a look at a wide range of phenomena that exist beyond the ken of modern science, including astrology, faith healing, voodoo, channeling, and clairvoyance. Films for the Humanities & Sciences #9203 VHS & DVD $99

*The Right to Decide* 43 minutes – The Patient Self-Determination Act challenged health workers to develop more effective ways to communicate with patients about their preferences. This video features a series of outstanding interviews in which physicians explore their patients’ hopes, fears, and goals regarding end-of-life care and the use of life-supporting therapies. They offer health care professionals an invaluable model for discussions about Advance Directives. Fanlight Productions CR-121 Video $195

*The Shootist* – Directed by Don Siegel, Starring John Wayne, James Stewart, and Lauren Bacall. This movie is about an aging gunfighter with a dubious reputation, a cynical attitude, and a terminal illness who must make choices and take responsibility for his decisions.

http://www.amazon.com/exec/obidos/ASIN/07921

*The Support Project: To Improve Care at the End of Life* 15 minutes – The Robert Wood Johnson Foundation’s highly controversial SUPPORT Project attempted to improve the way seriously ill patients are cared for in American hospitals today. This short video is intended as an introduction to the SUPPORT Study and to its goals and findings. It touches on the complexity of the types of cases seen
The study, and offers an intriguing focus for debates on end-of-life decision making in health care.

**Fanlight Productions ISBN 1-57295-177-X; CR-177 Video $125**

*The Tomorrows Children Face When a Parent Dies* 47 minutes – A parent’s dying is one of the most devastating losses there is for a child, teen or young adult. The pain may last a lifetime. This film looks at children’s views of spirituality, going back to school, grieving as a family, surviving the holidays and grief over time. Aquarius Productions, Inc. #BERTOMORROW $195

*The Vanishing Line* 52 minutes – When does life become a fate worse than death? In this age of medical “miracles,” increasing numbers of doctors, patients and their families are forced to face this question. Physician/filmmaker Maren Monsen guides our view of this modern dilemma and its timeless implications as she takes us on a lyrical and heartfelt quest to discover an “art of Dying” in a world that taught her well to prolong life, but offered few prescriptions for treating death. Aquarius Productions, Inc. Video $225

*The Way We Die* 25 minutes – Through interviews with doctors, patients, and family members, and through intimate and movingly filmed interactions between medical personnel and their terminally ill patients, this video encourages health professionals to work with their patients to devise treatment plans in accordance with their needs and values, and to attend to the larger issue of what illness means for a particular patient and family. This is a valuable tool for continuing education programs, and for schools of nursing, medicine and allied health. Fanlight Productions ISBN 1-57295-154-0; CR-154 Video $195

*The Way We Die: Listening to the Terminally Ill* 25 minutes – Through interviews with physicians, patients and family members, and through intimate and movingly filmed interactions between caregivers and their terminally ill patients, this video encourages health professionals to understand and treat the whole patient, not just the illness, and to work with their patients to devise treatment plans in accordance with their needs and values. Fanlight Productions HM-154 Video $199

*There Was a Child* 32 minutes – This video sensitively demonstrates the impact that losing a pregnancy, or the birth of a stillborn child, has had on three mothers and a father. The parents reflect on the grief process, the effect of the death on their sense of self and family relationships, and on the hurtful comments of friends and health care workers. The program validates the emotions of parents who feel alone with their loss while helping health care workers and families to give appropriate, meaningful support. Fanlight Productions ISBN 1-57295-048-X; CR-048 Video $145

*Those Who Stay Behind: When A Family Member is Dying* 31 minutes – Families who must make decisions about when and how to help a loved one die may feel bewildered, overwhelmed, and very alone. They may wish they could have a guide to help them navigate the healthcare system, the tangle of medical decisions they must make – and even their own grief process. This video offers such a guide, through the personal stories of five people who have recently lost family members. A Family Handbook is included. Fanlight Productions CD-295 Video $199

*Three Days Out* 54 minutes – Days Out chronicles the emotional and physical struggles of four women who are facing breast cancer. Based on a wilderness retreat experience, these women participate in a series of ropes courses designed to mirror the challenges brought on by their diagnoses. The video weaves these stories together into an intimate portrait of women’s contemporary issues, revealing their innermost struggles, fears, and hopes for their lives. Aquarius Productions, Inc. Video $195
Three Levels of Power and How to Use Them  70 minutes – Dr. Carolyn Myss discusses how power and the loss of power are central ingredients in every health issue. Difficult concepts are clarified, so the viewers can use them to improve their everyday lives Aquarius Productions, Inc. Video $90

Till Death Do Us Part – The transition from wife to widow is a difficult one. This video explores the challenges that women in their eighties face when their husbands die. An independent living community where residents are able to live independently while feeling safe and secure is examined. Aquarius Productions, Inc. #AGEPART Video $195

Tired of Living, Feared of Dying  54 minutes – Dutch doctors are now legally able to accede to a patient’s request for medical help so that they can die with dignity and without pain when their sufferings have become unbearable. This remarkable film follows seven people who have registered a request for euthanasia when they judge the time to be right. Patients talk about their reasons for choosing this way of death and try to define the specific trigger that will cause him or her to decide when the time has come. Members of their families add their own comments, and doctors with experience in the practice of euthanasia speak about the ethical questions and the practical problems which euthanasia poses for them. Filmmakers, Inc. Video $295, Rental $75

To Choose No Harm: Ethical Decision-Making at the End of Life  45 minutes – Caring for dying patients can present the most ethically challenging problems healthcare workers ever face. In this powerful documentary, we are present at meetings in which tow different teams must resolve conflicts between the wishes of their patients and the own beliefs and clinical judgments. The case of a young man with AIDS raises compelling issues about futility of care, as well as conflicts between patient autonomy and responsibility to others. With an elderly woman who has terminal cancer, the staff confronts disagreements between the patient and her husband over her wish to decline CPR. The situation is further complicated when her insurance company refuses to pay for additional hospitalization. A panel of caregivers, administrators and ethicists discusses each case. Fanlight Productions ISBN 1-57295-184-2; CR-184 Video $195, Rental $50/day

To Live Until I Die  58 minutes – This film offers a moving and informative introduction to hospice and palliative care, and will be an important resource for healthcare workers, hospice volunteers, patients and their families, and the general public. Fanlight Productions

Toward a Better Death  27 minutes – This informative program explores the choices open to terminally ill patients and their families, presenting the options available for comfortable end-of-life care that attends to physical, emotional, and spiritual needs. Medical experts and caregivers discuss the difficult choices that arise, including the moral and legal controversies and medical options available when a cure is no longer an option. Important information about living wills and health care proxies is also provided. Films for the Humanities & Sciences #8399 VHS & DVD $149

Turning Toward the Morning  36 minutes – Filled with love as well as the stories of loss, grief and hope, this touching video brings forth stories of parents who have lost a child to illness, accidental death, and suicide. Filled with the special wisdom of dying children and the heartfelt thoughts and feelings of their parents, there is a strong message of hope, not only for bereaved parents but for all of us. Turning Toward the Morning is a celebration of the human spirit. Aquarius Productions, Inc. BERTURNING Video $150  Link: • http://ritesofpassagejourney.org/turning.htm
Understanding Advanced Directives 8 minutes – This video explores in simple terms the advanced directive options available to patients. Directed to patients and residents, it discusses Living Wills, Durable Power of Attorney for Health Care, types of treatments that can be accepted or rejected via an Advanced Directive. Directly guides patients and families in formulation of an Advanced Directive. Geriatric Video Productions Video $129

Understanding Grief 24 minutes – This video introduces grief and its many possible effects. The series host, Gordon Lang, explains his counseling strategy and discusses the many forms that grief takes: anger, fear, disbelief, loneliness, depression, fear, powerlessness, guilt, and exhaustion. Films for the Humanities & Sciences #8500 VHS & DVD $99

Understanding Life Plans 20 minutes – Nursing assistants and Dr. Wertheimer discuss the very difficult decisions faced by older individuals and their families. These include decision about feeding tubes, limiting treatment, and hospice care. Health care providers must understand these end-of-life options so that they can provide appropriate care and responsive support. Video Press Video $150; Rental $75

Understanding the Grieving Process 15 minutes – This exploration of the grieving process provides healthcare workers with a foundation for understanding the emotional and short- and long-term physical conditions that accompany grief. It shares strategies for supporting people through the grieving process. Insight Media VHS/2002/#XAL5882 -$259 http://www.insight-media.com

Unsung Lullabies: Coping with Miscarriage 7 minutes – Many couples are surprised by the intensity of the grief they experience after a miscarriage, and by the long-term effects it may have on their lives. This poignant video shares the stories of eight women and men, and their journeys toward healing. Fanlight Productions CM-169 Video $195

UnWanted Challenges 5 minutes – In a very gently and touching way, this video guides the viewer through many of the major issues of being newly diagnosed. It is divided into five segments to help people cope with the issues they might be facing: the diagnosis, the emotions, cancer and the family, coping and support, and hope. Aquarius Productions, Inc. Video $195

Voices of Healing 20 min – This program is about healing the wounds of breast cancer—scars that are deeper than the scars of treatment. Twelve women who have had, or have breast cancer discuss their feelings at a retreat. The strength and courage of these women weave powerful threads of love and survival as they struggle with their diagnosis, the insensitive care providers, and the need to take charge of their lives again. They share with the viewer their legacy of the skills they developed to survive. Aquarius Productions, Inc. Video $225

Walk Me to the Water: Three People in Their Time of Dying 29 minutes – Portrays the experiences of three terminally ill cancer patients being care for at home. Walk Me to the Water • PO Box 55 • New Lebanon, NY 12125 • (518) 794-8081 Video $199, Rental $49

We’re Almost Home Now 48 minutes – This very sensitive and moving video weaves together the stories of six families who have experienced the death of a child along with the wisdom and knowledge of Elisabeth Kubler-Ross. Aquarius Productions, Inc. Video $195
Welcome Back  
14 minutes – Going back to school can be a daunting experience for children with cancer. In this video, we hear from the children themselves about their fears, expectations, and experiences. Intertwined with narration, explanations are given and myths regarding cancer are dispelled in a manner children will understand. Aquarius Productions, Inc. Video $140

What About Me?  
18 minutes – Created to help children who are grieving by giving them an outlet for the many feelings and thoughts, which are part of the bereavement process. Featuring boys and girls, ages 4 to 14, from a variety of ethnic and cultural backgrounds, discussing their unique, yet universal, grief experiences. Aquarius Productions, Inc. Video $195

What Do I Tell My Children?  
30 minutes – Narrated by Joanne Woodward, this classic is internationally recognized as the most outstanding video available for families and professionals who are dealing with children and grief issues. In this inspiring video, children and parents share their stories and feelings about the loss of a loved one, while leading professionals in the field - including Earl Grollman, Elisabeth Kubler-Ross, Sandra Fox and Ann Kliman – offer advice about coping and grief. Aquarius Productions, Inc. Video $195

WHAT MATTERS TO FAMILIES (Videos Series)  
– As part of the Engaging with Children and Families curriculum module, this video series presents the stories of three families describing their experiences with health care professionals and the health care system as they negotiate the difficult road through their child's life-threatening illness.

Part One: Speaking the Same Language – Dean and Inez Davis, guardians of nine grandchildren, recount their experience with their granddaughter, Sherquanda, who was diagnosed with a brain tumor from which she died nine months later. They discuss the centrality of trust, respect, and caring in relationships between health care professionals and families facing the death of a child.

Part Two: Knowing Who We Are – Rebecca Lilly died after a six-year battle with brain cancer. Rebecca's parents and siblings describe their relationships with the health care system and express the needs and concerns identified by families who must cope with the life-threatening illness of a child.

Part Three: Big Choices, Little Choices – Mattie Stepanek, age eleven, suffers from a rare and life-threatening form of muscular dystrophy. He and his mother explain the importance of better understanding the thoughts and feelings of ill children and their parents, and of integrating these perspectives into the ongoing care of the child. Initiative for Pediatric Palliative Care

http://www.ippcweb.org/video.asp

When a Child is Dying  
56 minutes – Narrated by various family members. This video tells the real-life stories of four diverse families who lost a child...in their own voices...from their own perspective. The accompanying Supportive Care Handbook includes a discussion guide, specific ways to help, and other resources. Compassionate Passages, Inc. Video and Handbook Kit: $125 for Institutional Use, $75 for Community Use

When All Is Said and Done: An Introduction to the Family Meeting  
29 minutes – This video is devoted to the terminally ill and their family members, demonstrating ways in which dying can become a time for forgiveness, letting go and connectedness. The viewer has the opportunity to witness several family meetings between family members and the individuals who are dying. During this sacred time family members share openly issues that have rarely been spoken of before and say goodbye to each other. The stories shared are powerful examples of encouragement and support. Aquarius Productions, Inc. Video $195
When the Bough Breaks  31 minutes – What’s the right way to give a parent bad news? To help her make appropriate decisions in the face of poor prognosis? Based on the real story of a patient, who experienced stillbirth, these ten vignettes dramatically recreate her interactions with health care providers during the final weeks of pregnancy. Fanlight Productions ISBN 1-57295-108-7; CR-108 Video $195

Who Owns My Life?  47 minutes – This moving documentary about Sue Rodriguez, an ALS patient, goes behind the scenes to portray a gracious yet determined woman who allowed her personal pain to become public. In Canada where she lives, doctor assisted suicide is illegal, yet her case was debated and appealed before the Supreme Court. Although the plea lost, Sue had the satisfaction of putting the issue of how and when and who controls the way we die on the public agenda. Filmmakers, Inc. Video $295, Rental $65

Who Plays God? Medicine, Money, and Ethics in American Health Care  2 hours – This program explores a variety of life and death situations to illustrate the spectrum of highly controversial, ethical decisions made on a daily basis in modern American medicine. Hosted by ABC news medical correspondent George Strait, and featuring noted authorities such as health-care economist Uwe Reinhardt, the program takes an in-depth look at the decisions that underlie the use of health care dollars. When is life support provided and stopped? Who gets the transplants, the best technology and treatments? Who lives longer and who do not? The program features five segments that portray choices concerning prolonged life support, the painful struggle of extremely premature babies, the allocation of organ transplants, the crises that accompany the inaccessibility of health insurance, and the often thwarted desire to die with dignity. Films for the Humanities & Sciences #6295 VHS & DVD $149

Why Not Freedom From Cancer Pain?  14 minutes – A WHO production, this video is geared for health care professionals as well as the general public, and focuses on the fact that cancer pain can be relieved and that patients and families have the right to adequate medications. World Health Organization Publishing Center, USA • 49 Sheridan Ave. • Albany, NY 12210 • (518) 436-9686 • Fax (518) 436-7433.

Why People Don’t Heal and How They Can  76 minutes – Dr. Carolyn Myss helps people understand the emotional psychological and physical reasons that our bodies develop illnesses. In this film, she shares insights gained over 15 years as a pioneer in the filed of energy medicine and human consciousness. An excellent video for people coping with illness Aquarius Productions, Inc. Video $90

Wide Time: An HIV Odyssey  56 minutes – A diverse group of subjects and experts reveal the hope and challenges offered by current treatment regimens; the key strategies that long-term AIDS survivors and cancer survivors share; and long-term survivors’ secrets for making life not only long – but wide. Wide Time is about living life. Aquarius Productions, Inc. Video $150

WIT  99 minutes – HBO video Directed by Mike Nichols, Starring Emma Thompson. This video is based on the 1999 Pulitzer Prize winning play about an English Professor, Vivian Bearing, who has been diagnosed with cancer. The movie follows her life from diagnosis through treatment and offers the patient perspective.  http://store.hbo.com/product/VMHHV0138-DVD/s.0dx9gl4b

With Love, Heather  15 minutes – Rheannen wanted to bring her daughter Heather home to die. Her daughter had been in a car accident that left her in a vegetative state for two years. She wanted to share
the process of her daughter dying with the world, so it might help others in making a choice about whether to bring a loved one home to die. Rheannen also wanted to show families that death doesn’t have to be a frightening experience, but can be a very loving and nurturing one. Aquarius Productions, Inc. Video $150

WITH OPEN EYES – Coping with Death (4-part series) 104 minutes – This series, hosted by News Hour’s Ray Suarez, invites viewers to look at death with their eyes open to the end, so that they may more fully live in the natural light of the inevitability of dying.

Beyond Life and Death 26 minutes – Explores how beliefs about an afterlife affect the way people live their lives and approach death. In a lively, insightful dialogue, Tibetan Buddhist scholar Robert Thurman and teacher/author Rabbi David Wolpe discuss the concepts of heaven and reincarnation while presenting their different views of what they believe may lie beyond the mortal veil. (26 minutes, color). BVL11018.

Grief and Healing 30 minutes – The news of a loved one’s impending death is often accompanied by an initial reaction of fear. In this program, seven everyday people at San Francisco’s Zen Hospice reflect on their experiences with loss, grief, and healing. Discussing what they fear, how they would say goodbye, and other deeply personal topics, some discover the transformation and healing that may occur in such moments. BVL11015.

Difficult Decisions: When a Loved One Approaches Death 30 minutes – When a loved one’s fate lies in another’s hands, the decisions can be overwhelming. This program follows two families as they grapple with life-and-death decision inside an ICU. A doctor, an ethicist, and others help these families through the process of making decisions on behalf of those who are no longer able to communicate their wishes BVL11016.

Caregiving Everyday 30 minutes – 25 million Americans provide care for their loved ones. This program looks at the rich rewards and wisdom that often attend such care, as well as at the hard work that home healthcare entails. Drawing on the direct experience of family members and others, this program also offers caregiving advice and information that is both practical and profound. BVL11017.

Films for the Humanities & Sciences  #11014 VHS  & DVD Set $399

Worlds Apart, A Four-Part Series on Cross-Cultural Healthcare 47 minutes These unique trigger films follow patients and families faced with critical medical decisions, as they navigate their way through the health care system. Worlds Apart provides a balanced yet penetrating look at both the patients’ cultures and the culture of medicine. This series is an invaluable tool for raising awareness about the role sociocultural barriers play in patient-provider communication and in the provision of healthcare services for culturally and ethnically diverse patients. QA-912 Video $369  Fanlight Productions

You Won’t Need Running Shoes, Darling 53 minutes – This video tells the story of Mildred and Bob Todd, retired octogenarians. Over a critical two year period their daughter films their life, resulting in an intimate, sensitive look at the human aging and dying process. Terra Nova Films Video $185, Rental $55

You’re Not Alone: Coping with the Death of a Spouse 38 minutes – An outstanding video for those newly bereaved, ages 30 to 55. When do you take off your wedding ring? What about the pain one feels when eating alone? These are some of the questions that come up in this video about the loss of a spouse. This moving video focuses on the early grieving process and viewers come to understand the immediate feelings of shock, grief, anger, and numbness, as well as the ongoing fear of being alone. Aquarius Productions, Inc. Video $225
Video Distributor Information

Aquarius Health Care Media
508.373.1244
www.aquariusproductions.com

Aspen Publishers
800.638.8437
http://www.aspenpublishers.com/

Compassionate Passages, Inc.
http://www.compassionatepassages.org/

Films for Humanities & Sciences (Films Media Group)
http://ffh.films.com/

Fanlight Productions
800.876.1710
http://www.fanlight.com/

Filmmakers Library
212-808-4980
http://www.filmakers.com/

Geriatric Video Productions
570-829-1095
https://www.geriatricvideo.com/

Initiative for Pediatric Palliative Care
http://www.ippcweb.org/video.asp

Insight Media
212.233.9910
http://www.insight-media.com

King’s College London
http://www.kcl.ac.uk/

Memorial University of Newfoundland, Canada
http://www.mun.ca/

Paraclete Press
800.451.5006
http://www.paracletepress.com/parish.html
Springhouse Corporation
http://www.lww.com/springhouse-publisher/

StressStop.Com (Stress Management Training That Works)
800.367.1604
http://stressstop.com/

Terra Nova Films
800.779.8491
Web: http://www.terranova.org/production.htm

USCC Publishing Services
http://www.usccbpublishing.org/showproducts.cfm?WPCID=1240

Video Press, University of Maryland, School of Medicine
800.328.7450
http://www.videopress.org/

Women Make Movies
212.925.0606
http://www.wmm.com/