



Patient Support Services at City of Hope

Thank you for participating in a study with the Nursing Research Department! We know that many of our patients and family members have questions about how they might find additional support. We have put together this list to help you find the resources that may be useful.

I. Support Services Available At No Cost /No Referral Necessary

Social Work

- Every patient at the City of Hope has access to a social worker. Social Workers can help you with your psychosocial needs as well as your practical needs. You can reach yours by calling the Clinical Social Work Department at extension 62282.

City of Hope Support Groups

- If you have access to the Internet, you can find information on the support groups offered here at the City of Hope on this website:
http://www.cityofhope.org/support/support_groups.asp.
- Or, you can call the Social Work Department at extension 62282 for information.

Patient Education/Resource Desk/Resource Library

- Information on coping with cancer and its treatment is available through the Resource Desk, at extension 63971, or at the Resource Library at 62978.

Community Support Groups

- Information on support groups in the community on this website:
http://www.infosci.coh.org/_community/resources.asp?mode=1

Spiritual Care

- The Spiritual Care Services can be reached at extension 63898.
- For many, spirituality is an important aspect of coping. At City of Hope, a clerical team and volunteers are available to address the vast array of spiritual concerns raised by cancer patients. This team is specially trained to work closely with cancer patients and their families to meet their many unique needs.



II. Consultation Services Available Through Physician Referral

Pain and Palliative Care

- If you think that you would benefit from speaking to someone about your pain and/or other physical symptoms (Example: nausea, vomiting, constipation or sedation), please ask your physician for a consultation for Pain and Palliative Care. These services are billed to your insurer and require your physician's authorization.

Psychology

- Clinical psychologists are available if you think that you would benefit from talking about emotional distress related to your cancer or its treatment. Please don't hesitate to ask your physician for a consultation. These services are billed to your insurer and require your physician's authorization.

Psychiatry

- If you think that you would benefit from speaking with a clinical psychiatrist about medication management of your emotional distress related to your cancer or its treatment, please ask your physician for a consultation. These services are billed to your insurer and require your physician's authorization.

Nutritional Services

- Clinical dietitians are available to discuss and help you manage your diet and nutrition related to your cancer and/or its treatment. Please ask your physician for a consult. This service requires your physician's authorization.

Rehabilitations Services

- If you think you would benefit from speaking with an Occupational Therapist and/or Physical Therapist about pain, fatigue, and/or your ability to carry out everyday activities, please ask your physician for a consultation. These services are billed to your insurer and require your physician's authorization.

Clinical Cancer Genetics

- The Department of Clinical Cancer Genetics is a multidisciplinary clinical, research and education program that focuses on recognition and assessment of people at increased risk for developing cancer because of family history or personal risk factors. If you think you might be appropriate for genetic cancer risk assessment, ask your physician for a consultation or call 626-256-8662, option 2 for an appointment. Services are billed to your insurer or you may self-pay. More information may be found at <http://www.cityofhope.org/ccgp>.