



## Patient Knowledge Assessment Tool – Pain (True or False)

Subject ID # \_\_\_\_\_  
Nurse \_\_\_\_\_  
Phase II  
Baseline

True False

- \_\_\_ \_\_\_ 1. Pain can be divided into 2 types: acute and chronic.
- \_\_\_ \_\_\_ 2. The most common cause of pain is the cancer itself.
- \_\_\_ \_\_\_ 3. Taking opioids will always lead to addiction.
- \_\_\_ \_\_\_ 4. The side effects that pain medicines cause can be prevented and treated.
- \_\_\_ \_\_\_ 5. It is not important for doctors and nurses to know about your pain.
- \_\_\_ \_\_\_ 6. A pain scale is used to describe how much pain you are feeling.
- \_\_\_ \_\_\_ 7. Cancer pain can be treated only with medicines and not by using other treatments such as chemotherapy, radiation, surgery.
- \_\_\_ \_\_\_ 8. Non-opioid medicines such as Tylenol and ibuprofen are used for severe pain only.
- \_\_\_ \_\_\_ 9. Opioid medicines are divided by how quickly they begin to work and how long they work.
- \_\_\_ \_\_\_ 10. One of the most common side effects of taking morphine is constipation.
- \_\_\_ \_\_\_ 11. Drinking more fluids, eating more fiber foods, and some mild exercise along with some laxatives are the best ways to prevent constipation.
- \_\_\_ \_\_\_ 12. Other common side effects of pain medicine include nausea and some confusion.
- \_\_\_ \_\_\_ 13. A need to increase the dose of your pain medicine is a sign of addiction.
- \_\_\_ \_\_\_ 14. You can stop your pain medicines suddenly without having to worry about side effects.
- \_\_\_ \_\_\_ 15. Around the clock dosing of pain medicine means that the medicine will be given on a regular basis, whether you are in pain or not.



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*Answers and reference to page # in NCCN Patient Guideline.*

1. *True, page 6*
2. *True, page 6*
3. *False, page 7*
4. *True, page 13*
5. *False, page 13*
6. *True, page 8*
7. *False, page 10*
8. *False, page 10*
9. *True, page 10*
10. *True, page 14*
11. *True, page 14-15*
12. *True, page 15*
13. *False, page 15*
14. *False, page 15*
15. *True, page 17*