Discomfort Behavior Scale Scoring Grid

MDS 2.0 Item	MDS Item Score				DBS Item Score
E1c. Repetitive verbalizations	_____	X	3	=	_____
E1k. Insomnia/change in usual sleep pattern	_____	X	3	=	_____
E1l. Sad, pained, worried facial expressions	_____	X	3	=	_____
E1m. Crying, tearfulness	_____	X	3	=	_____
E1n. Repetitive physical movements	_____	X	3	=	_____
E1o. Withdrawal from activities of interest	_____	X	3	=	_____
E1p. Reduced social interaction	_____	X	3	=	_____
E4a(A). Wandering - *Frequency*	_____	X	2	=	_____
E4a(B). Wandering - *Alterability*	_____	X	6	=	_____
E4b(A). Verbally abusive behavioral symptoms - *Frequency*	_____	X	2	=	_____
E4b(B). Verbally abusive behavioral symptoms - *Alterability*	_____	X	6	=	_____
E4c(A). Physically abusive behavioral symptoms — *Frequency*	_____	X	2	=	_____
E4c(B). Physically abusive behavioral symptoms — *Alterability*	_____	X	6	=	_____
E4d(A). Socially inappropriate/disruptive behavioral symptoms - *Frequency*	_____	X	2	=	_____
E4d(B). Socially inappropriate/disruptive behavioral symptoms - *Alterability*	_____	X	6	=	_____
E4e(A). Resists care - *Frequency*	_____	X	2	=	_____
E4e(B). Resists care - *Alterability*	_____	X	6	=	
				Sum = DBS Score	

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Stevenson KM, Brown RL, Dahl JL, Ward SE, Brown MS. The Discomfort Behavior Scale: a measure of discomfort in the cognitively impaired based on the Minimum Data Set 2.0. Res Nurs Health. 2006 Dec;29(6):576-87